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Health and Wellbeing at Work Conference on 6th-7th March 2018 at the NEC in Birmingham

To: All Branches

Dear Colleagues,

Organisers of the Health and Wellbeing at Work Conference 2018 have notified the Union of this year's event. Advertised as the UK's leading event for safety and occupational health professionals, HR, rehabilitation, therapy and behaviour specialists, ergonomists and other professionals responsible for the environment, health, safety and wellbeing of work-aged people.

Now in its 12th successful year, Health and Wellbeing at Work is all about improving the health and wellbeing of work-aged people. The conference and exhibition will provide new ideas and resources to ensure employees are engaged and motivated, healthy, return to work quickly following absence and stay in work.

Profiling national developments, service innovations, examples of best practice and the latest research, it provides an unrivalled learning platform that will energise and inspire.

Why you should attend:

- Learn from success stories from both the private and public sector
- Gain new ideas, update your skills and meet your professional educational/CPD requirements
- Be inspired so that you can inspire, motivate and engage the workforce
- Network with colleagues from small, medium and large organisations
- Choose from pick and mix conference seminars, programmes - you can attend multiple programmes
- CPD approved and certificates for all portfolios
- Gain hands-on experience at three live theatres
- See a wealth of new products and services with over 180 exhibiting organisations

This year the conference will look at a number of emerging issues of increasing importance. Mental Health, The health of older workers, MSDs, Employment Law, Engaging the Workforce, rehabilitation and more. It is crucial that people are enabled to extend their working lives by minimising the impact of physical and mental disorders or those associated with ageing.

The formal evidence base on what works well is not yet strong, but the evidence from experience and thoughtful opinion is becoming clear. It is also clear that leadership in creating a supportive culture is a key factor in ensuring staff wellbeing as is staff engagement.

PROGRAMME – TUESDAY 6 MARCH

- Health and Wellbeing - National Policy and Initiatives
- Best Place to Work
- Employment Law
- Mental Health
- Coaching and Coaching Psychology
- Disaster Preparedness, Resilience and Response
- Long Term Conditions and Disability
- Managing MSDs and Pain in the Workplace
- Health Checks, Promotion and Fitness
- Human Factors, Safety & Risk Management

PROGRAMME - WEDNESDAY 7 MARCH

- Human Factors, Safety and Worker Protection
- Human Factors and Ergonomics
- Management and Leadership
- Employment Law
- Employee Engagement and Motivation
- Emotional Wellbeing and Resilience
- Mental Health
- Occupational Psychology and Organisational Behaviour
- Health Surveillance and Travel Health
- Vocational Rehabilitation
- Sickness Absence Management

Mental Health First Aid

The Mental Health First Aid England (MHFA) team are pleased to be joining the Health and Wellbeing at Work Conference on 6th-7th March 2018 at the NEC in Birmingham. The MHFA England team will be hosting a number of workshops including “Mental Health and Wellbeing in the Construction Industry”, “Being Ready to Perform – Are You Helping People Thrive?”, “Working with SMEs to Create Mentally Healthy Workplaces” and “Planning and Delivery of a Successful Mental Health Communications Campaign”, as well as many more.

The conference is a good opportunity to gain more information about supporting employee wellbeing and to network with like-minded professionals with over 3,500 delegates set to attend. [You can buy attendance passes now](#), costing £66 for both days.

Further Information:- Laura Brooks laurab@sterlingevents.co.uk

Registration:- <http://www.eventdata.co.uk/Forms/Default.aspx?FormRef=HWW38Visitor>

Website: <http://www.healthwellbeingwork.co.uk/>

Yours sincerely



Dave Joyce
National Health, Safety & Environment Officer