

**WORLD ATHLETICS U20 CHAMPIONSHIPS  
CALI, COL 1-6 AUGUST 2022**

<b>DAY 1 - Monday Morning, 1 August</b>			
09:05	Javelin Throw	W	QA
09:15	100m Dec	M	Heats
09:40	Shot Put	W	QAB
10:00	1500m	M	R1
10:08	Long Jump Dec	M	AB
10:28	Javelin Throw	W	QB
10:32	3000m SC	W	R1
11:08	800m	W	R1
11:37	Shot Put Dec	M	AB
11:45	Long Jump	M	QAB
12:00	100m	M	R1

<b>DAY 2 - Tuesday Morning, 2 August</b>			
09:00	110m H Dec	M	Heats
09:11	Pole Vault	M	QAB
09:25	400m	W	R1
09:45	Discus Throw Dec	M	A
10:25	400m	M	R1
10:46	Discus Throw Dec	M	B
11:25	400m H	W	R1
12:01	Hammer Throw	M	QA
12:18	Pole Vault Dec	M	AB
12:30	100m	W	R1
13:20	Hammer Throw	M	QB

<b>DAY 3 - Wednesday Morning, 3 August</b>			
09:00	100m H Hep	W	Heats
09:11	Hammer Throw	W	QA
09:25	3000m SC	M	R1
09:45	Long Jump	W	QAB
09:55	High Jump Hep	W	AB
10:10	400m H	M	R1
10:38	Hammer Throw	W	QB
11:15	200m	M	R1

<b>DAY 4 - Thursday Morning, 4 August</b>			
09:00	Javelin Throw	M	QA
09:05	100m H	W	R1
09:30	Long Jump Hep	W	AB
10:05	800m	M	R1
10:10	Javelin Throw	M	QB
11:00	Triple Jump	M	QAB
11:05	1500m	W	R1
11:24	Javelin Throw Hep	W	A
11:50	200m	W	R1
12:30	Javelin Throw Hep	W	B

<b>DAY 5 - Friday Morning, 5 August</b>			
<b>08:30</b>	<b>10,000m R.Walk</b>	<b>W</b>	<b>F</b>
09:25	Discus Throw	M	QA
09:30	Triple Jump	W	QAB
<b>09:35</b>	<b>10,000m R.Walk</b>	<b>M</b>	<b>F</b>
10:35	Discus Throw	M	QB
10:40	4 x 400m Relay	W	R1
11:15	4 x 400m Relay	M	R1
11:45	10,000m R.Walk	W	MC
11:50	10,000m R.Walk	M	MC

<b>DAY 6 - Saturday Afternoon, 6 August</b>			
15:15	Javelin Throw	M	MC
15:20	4 x 100m Relay	W	MC
<b>15:30</b>	<b>Discus Throw</b>	<b>M</b>	<b>F</b>
<b>15:35</b>	<b>High Jump</b>	<b>W</b>	<b>F</b>
<b>15:40</b>	<b>100m H</b>	<b>W</b>	<b>F</b>
<b>15:50</b>	<b>Triple Jump</b>	<b>W</b>	<b>F</b>
<b>16:00</b>	<b>1500m</b>	<b>W</b>	<b>F</b>
16:07	4 x 100m Relay	M	MC
<b>16:16</b>	<b>800m</b>	<b>M</b>	<b>F</b>
<b>16:25</b>	<b>5000m</b>	<b>W</b>	<b>F</b>
16:50	100m H	W	MC
<b>17:00</b>	<b>3000m SC</b>	<b>M</b>	<b>F</b>
<b>17:20</b>	<b>4 x 400m Relay</b>	<b>W</b>	<b>F</b>
17:25	1500m	W	MC
17:30	Discus Throw	M	MC
17:35	800m	M	MC

<b>DAY 1 - Monday Afternoon 1 August</b>			
15:00	High Jump Dec	M	AB
15:05	Discus Throw	W	QA
15:15	110m H	M	R1
15:26	Pole Vault	W	QAB
16:20	4 x 400m Relay	X	R1
16:27	Discus Throw	W	QB
<b>17:00</b>	<b>3000m</b>	<b>W</b>	<b>F</b>
17:25	400m Dec	M	Heats
17:38	Shot Put	M	QAB
<b>17:55</b>	<b>5000m</b>	<b>M</b>	<b>F</b>
18:30	3000m	W	MC

<b>DAY 2 - Tuesday Afternoon, 2 August</b>			
14:55	5000m	M	MC
15:05	Javelin Throw Dec	M	A
15:10	110m H	M	SF
<b>15:15</b>	<b>Shot Put</b>	<b>W</b>	<b>F</b>
15:40	100m	M	SF
16:05	Javelin Throw Dec	M	B
16:10	800m	W	SF
<b>16:15</b>	<b>Long Jump</b>	<b>M</b>	<b>F</b>
<b>16:50</b>	<b>4 x 400m Relay</b>	<b>X</b>	<b>F</b>
17:05	Shot Put	W	MC
<b>17:15</b>	<b>Shot Put</b>	<b>M</b>	<b>F</b>
<b>17:20</b>	<b>Javelin Throw</b>	<b>W</b>	<b>F</b>
<b>17:30</b>	<b>1500m Dec</b>	<b>M</b>	<b>F</b>
<b>17:55</b>	<b>100m</b>	<b>M</b>	<b>F</b>
18:30	4 x 400m Relay	X	MC
18:35	Long Jump	M	MC
18:40	Shot Put	M	MC

<b>DAY 3 - Wednesday Afternoon, 3 August</b>			
14:45	Decathlon	M	MC
14:50	100m	M	MC
15:00	Shot Put Hep	W	AB
15:05	400m H	W	SF
15:25	Javelin Throw	W	MC
15:35	200m	M	SF
<b>15:55</b>	<b>Pole Vault</b>	<b>W</b>	<b>F</b>
16:17	High Jump	M	QAB
16:05	100m	W	SF
16:30	200m Hep	W	Heats
16:55	400m	W	SF
<b>17:16</b>	<b>Discus Throw</b>	<b>W</b>	<b>F</b>
17:25	400m	M	SF
<b>17:55</b>	<b>1500m</b>	<b>M</b>	<b>F</b>
<b>18:10</b>	<b>800m</b>	<b>W</b>	<b>F</b>
<b>18:25</b>	<b>110m H</b>	<b>M</b>	<b>F</b>
<b>18:35</b>	<b>100m</b>	<b>W</b>	<b>F</b>
18:40	1500m	M	MC
18:45	Discus Throw	W	MC

<b>DAY 4 - Thursday Afternoon, 4 August</b>			
14:40	Pole Vault	W	MC
14:45	800m	W	MC
14:50	110m H	M	MC
15:00	4 x 100m Relay	W	R1
<b>15:05</b>	<b>Pole Vault</b>	<b>M</b>	<b>F</b>
15:25	4 x 100m Relay	M	R1
<b>15:50</b>	<b>800m Hep</b>	<b>W</b>	<b>F</b>
16:05	100m	W	MC
16:12	High Jump	W	QAB
16:15	200m	W	SF
16:40	400m H	M	SF
<b>16:45</b>	<b>Hammer Throw</b>	<b>M</b>	<b>F</b>
<b>17:10</b>	<b>400m H</b>	<b>W</b>	<b>F</b>
<b>17:20</b>	<b>3000m SC</b>	<b>W</b>	<b>F</b>
<b>17:40</b>	<b>400m</b>	<b>W</b>	<b>F</b>
<b>17:50</b>	<b>400m</b>	<b>M</b>	<b>F</b>
<b>18:00</b>	<b>200m</b>	<b>M</b>	<b>F</b>
18:10	Heptathlon	W	MC
18:15	400m H	W	MC
18:20	400m	W	MC
18:25	400m	M	MC
18:30	Hammer Throw	M	MC

<b>DAY 5 - Friday Afternoon, 5 August</b>			
14:50	3000m SC	W	MC
<b>15:00</b>	<b>Long Jump</b>	<b>W</b>	<b>F</b>
15:05	100m H	W	SF
<b>15:10</b>	<b>High Jump</b>	<b>M</b>	<b>F</b>
<b>15:15</b>	<b>Hammer Throw</b>	<b>W</b>	<b>F</b>
15:25	High Jump	M	MC
15:30	200m	M	MC
15:50	800m	M	SF
<b>16:20</b>	<b>200m</b>	<b>W</b>	<b>F</b>
<b>16:40</b>	<b>400m H</b>	<b>M</b>	<b>F</b>
16:50	Hammer Throw	W	MC
<b>16:55</b>	<b>Triple Jump</b>	<b>M</b>	<b>F</b>
<b>17:00</b>	<b>3000m</b>	<b>M</b>	<b>F</b>
<b>17:05</b>	<b>Javelin Throw</b>	<b>M</b>	<b>F</b>
<b>17:30</b>	<b>4 x 100m Relay</b>	<b>W</b>	<b>F</b>
17:35	200m	W	MC
17:40	3000m	M	MC
17:45	Long Jump	W	MC
<b>18:00</b>	<b>4 x 100m Relay</b>	<b>M</b>	<b>F</b>
18:25	400m H	M	MC
18:30	Triple Jump	M	MC
18:35	Pole Vault	M	MC

17:43	<b>4 x 400m Relay</b>	<b>M</b>	<b>F</b>
17:50	5000m	W	MC
17:55	High Jump	W	MC
18:00	3000m SC	M	MC
18:05	Triple Jump	W	MC
18:10	4 x 400m Relay	W	MC
18:15	4 x 400m Relay	M	MC