

Dance Compositions

Spring Break (original)

-improper

- A1 Balance the ring (4) Spin to the right (4)
Balance the ring (4) Spin to the right (4)
- A2 Balance in the ring (4) Neighbor swing (12)
- B1 Gents pull by left, partner pull by right, ladies allemande left 1x (8) Partner swing (8)
- B2 Circle left 3/4 (8) Balance the ring (4) Pass through to new neighbors (4)

Spring Break (variation)

-improper

- A1 Balance the ring (4) Spin to the right (4)
Balance the ring (4) Spin to the right (4)
- A2 Balance in the ring (4) Neighbor swing (12)
- B1 1/2 ricochet hey (gents L, partner R, ladies push back) (8) Partner swing (8)
- B2 Circle left 3/4 (6) Pass through (2) New neighbor do-so-do (8)

...or any combination of the two versions above; feel free to adjust the choreography to fit your crowd.

Abolish Mop Snarl

-improper

Dance begins in wavy lines of 4; gents in the center holding right hands, neighbor in left hand.

- A1 Wavy line balance (4) Walk forward to new wavy line (4)
Wavy line balance (4) Neighbor allemande left 3/4 (4)
 - A2 Original neighbor balance and swing (16)
 - B1 1/2 ricochet hey (gents L, partner R, ladies push back) (8) Partner swing (8)
 - B2 Long lines forward and back (8) Ladies lead a hands-across right-hand star (gents join the star behind partner) (8)
- ...form wavy lines with new neighbors*...

*The “new” wave is the same wave dancers walk forward to in A1.

Based on a dance by Dan Pearl called “Banish Moral Slop.” Dan wrote the dance for the renovation of the Spanish Ballroom at Glen Echo Park, and the title is an anagram of Spanish Ballroom. I used Dan’s A part, and re-wrote the B part; I claim this dance as my own, but give a nod to Dan’s original composition by choosing a different anagram of Spanish Ballroom for the name. Enjoy!

Welcome to DE DMV

-improper

A1 Long lines forward and back (gents roll neighbor ladies away from left to right) (8)

1/2 ricochet hey (gents L, partner R, ladies push back) (8)

A2 Partner swing (16)

B1 Gents allemande left 1-1/2 (8)

Neighbor allemande right 3/4 (4) New neighbor allemande left 1x (4)

B2 Original neighbor balance and swing (16)

Have I Danced this Before?

-improper

A1 Circle left 1x (8)

Neighbor 2-hand turn 1-1/2 (8)

A2 Gents allemande left 1-1/2 (8)

1/2 hey (partner R, ladies L, neighbor R, gents L) (8)

B1 Partner balance and swing

B2 Long lines forward and back (gents roll partner ladies away from right to left) (8)

Circle right 3/4 (8)

...face new neighbors to flow into a circle left...

Naked in California

-improper

A1 Long lines forward and back (8)

(New) neighbor swing (8)

A2 Ladies allemande right 1/2, partner allemande left 3/4 (8)

Shadow allemande right 1-1/2 to long waves (gents face in, ladies face out) (8)

B1 Long waves balance (r,l) (4) Slide right into a partner swing (12)

B2 Circle left 3/4 (6) (Same) neighbor swing (10)

Written in 2008, after calling the "Dance Awakening" weekend in Harbin Hot Springs, CA.