



DOCTORAL PROGRAMME IN CLINICAL PSYCHOLOGY (DCLINPSY)

INFORMATION FOR INTERNATIONAL APPLICANTS
TO THE DCLINPSY



INTRODUCTION

With over 40 years' experience in providing clinical psychology training, Exeter has the expertise to deliver exceptional training.

All UK doctoral training programmes in Clinical Psychology offer people an excellent learning environment to afford the development of academic, clinical and research competences. Our programme at the University of Exeter is regulated and approved by the UK Health and Care Professions Council (HCPC) as well as being accredited by the British Psychological Society (BPS). By the end of your three years of training with us you will be eligible to become registered with the HCPC as a Clinical Psychologist.

At Exeter we pride ourselves on the friendliness of academic and clinical tutors on the DClInPsy. We are all highly invested in providing a quality postgraduate education and an accessible and supportive learning environment. We help you succeed in your ambition to become a skilled, reflective scientist practitioner.

Over the course of your training you will not only become an adept clinician, but we will also support your development as an applied psychological researcher. We are a PGR programme and that means you will conduct doctoral level research that is clinically relevant. We have an innovative model of research training and an exceptional record of success for our doctoral trainees.

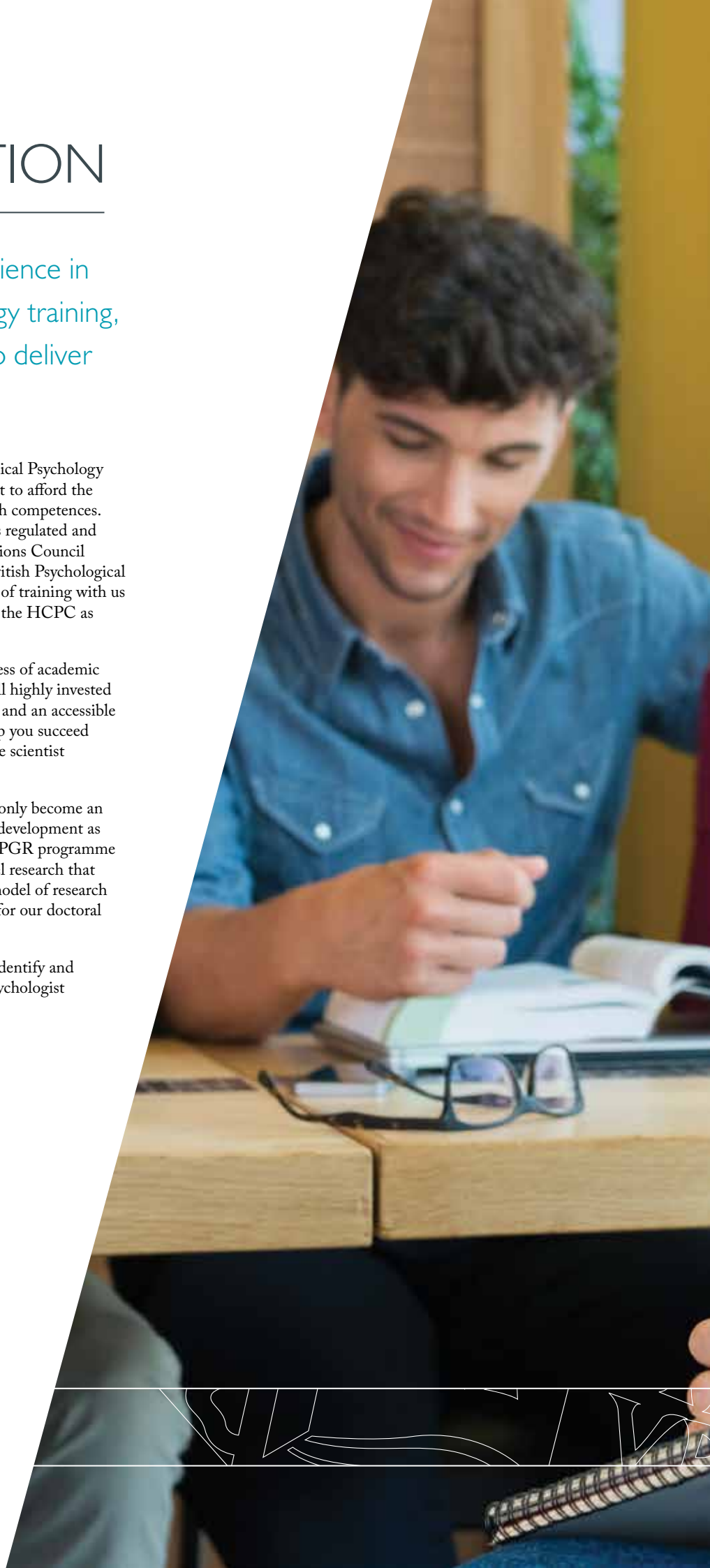
Come to us for excellence in training and to identify and nurture your talent to become the Clinical Psychologist you always wanted to be.

Professor Ken Laidlaw, PhD.

hcpc health & care
professions
council



The British
Psychological Society
Accredited Clinical Psychology





PROGRAMME STRUCTURE

The DClinPsy programme is a postgraduate Research (PGR) doctoral degree and consists of clinical, academic and research modules which span the three years. The programme is regulated by the Health and Care Professions Council (HCPC) and is accredited by the British Psychological Society (BPS). On successful completion of the course trainees will be able to apply for registration as a Practitioner Psychologist with the HCPC in order to practice. In addition, successful completion of the three-year programme confers eligibility for chartered clinical psychologist status with the BPS.

Our teaching curricula are consistent and compliant with the Health & Care Professions Council (HCPC) Standards of Education and Training (SETS) as well as meeting benchmark standards for practice (SOPS: Standards of Proficiency). We also strongly adhere to the BPS standards for postgraduate training in clinical Psychology.

THE CLINICAL MODULE

focuses on supervised practice using research and evidence-led approaches to delivering psychological science and practice in healthcare. Trainees are on placement for at least 50% of their time on the programme. Each placement is for 6 to 12 months, and takes place within specialist teams in community or in-patient settings in Devon and Dorset. Placements will span the age range from children to young people through to older adults, including working with people with learning disabilities. In the final year, trainees will have the option of increased specialisation. Assessment of core clinical competency is assessed through direct observation.

THE ACADEMIC MODULE

focuses on teaching psychological science/practice in healthcare, with assessments on critical appraisal of research evidence, application of research evidence to clinical practice, with an emphasis on theory-practice links, and developing implementation science skills. Cognitive Behavioural Therapy, Systemic and Cognitive Analytic therapy are all taught to creditable standards. In line with our adult learner philosophy, problem-based learning is a key element in our programme in which trainees are expected to develop as active, collaborative learners working on clinical and research problems in small groups over extended periods of time. The programme works in partnership with local NHS providers and has strong links with the regions' clinical psychologists who contribute to teaching and are able to offer a wide range of clinical experience in a variety of settings. Academic assessments include four clinical practice reports, four problem-based learning exercises (presentation and individual write-up), and one professional issues essay.

Every day, I learn new things... It is truly an amazing journey and I'm glad that I chose the University of Exeter.

International DClinPsy Trainee

THE RESEARCH MODULE

assumes a good understanding of undergraduate-level statistics and research methods, and encourages trainees to develop their critical and analytic skills, strengthening their understanding of both qualitative and quantitative research methodologies, using the MRC Complex Interventions Framework. Through this module trainees will be encouraged to become independent research practitioners and critical consumers of clinically relevant research. Developing skills in clinical evaluation and service improvements, trainees will work with a placement supervisor to complete a small-scale service-led research project. With regards to the research project, from year 1 trainees work closely with their research supervisor to create a theory-driven research proposal for assessment (both written and oral) at the beginning of Year 2. In Year 3, the trainee submits a research thesis (comprising a structured literature review and empirical paper) for examination by viva with an internal and expert external examiner.

Programme Duration: Full-time, 3 years

SUPPORT

Our international trainees are given the support and assistance to ensure that their time with us is a success. Trainees meet regularly with a senior member of the team who holds an overview of their academic, research and clinical development. Each trainee has separate clinical, academic and research tutors who provide support for these areas of the programme. Research thesis supervisors are allocated in Year 1 and work with the trainee until the thesis is passed. In addition, all trainees can also access the wealth of the University's support and well-being services.

Our incoming international trainees also have the opportunity to team up with an existing trainee who acts as a buddy and source of advice on anything from tips about the programme to where to find the best shops and restaurants.



Welcome to CEDAR at the University of Exeter, one of the leading centres of excellence for clinical psychology training in the UK with over 300 psychological practitioners in training every year. The DClinPsy is CEDAR's flagship programme and we have been training Clinical Psychologists for over 40 years.

CEDAR has a vision to train tomorrow's healthcare leaders by providing you with a range of clinical, research and learning opportunities to ensure that you have the skills and competencies to make a difference as a qualified Clinical Psychologist. You will work with world class researchers on groundbreaking treatment innovations and with experienced practitioners who will develop your clinical knowledge and practice skills to enable you to make a significant contribution to Clinical Psychology in the 21st century. Welcome to Exeter.

Professor Eugene Mullan



Programme Director:
Professor Ken Laidlaw



Clinical Practice Director: Ruth Baker



Director of Clinical Training (CEDAR):
Professor Eugene Mullan



PGR Support Officer (CEDAR) – Doctoral College: Dr Magdalena Katomeri




Academic Director:
Dr. Nadja Krohnert




Research Director:
Dr. Jenny Limond

TESTIMONIALS AND ENDORSEMENTS





I have been in the programme for about a month now and I am enjoying it. It was quite challenging initially, as I need to travel from Malaysia and settled down in Exeter: an unfamiliar place where I need to stay for the next three years, whilst trying to prepare myself for the Doctorate course. However, the people here are so down to earth and supportive. The teaching staff are wonderful and they are always happy to make time for me when I need it. I enjoy the DCLinPsy programme a lot. Every day, I learn new things, not only from the teaching staff but also from my classmates. I am also fortunate enough to learn CBT, CAT and Systemic Therapy taught by experts in the field. It is truly an amazing journey and I'm glad that I chose the University of Exeter.



Current International trainee



Dorset HealthCare University NHS Foundation Trust is delighted to collaborate with the University of Exeter in this exciting new venture of offering an international route to Clinical Psychology training. Having worked in partnership for many years through the DCLinPsy Programme, we are pleased to host training placements for international applicants, with most of our training being based in the vibrant cities of Poole and Bournemouth on the beautiful Dorset coast. Our teams offer high quality psychological services within Dorset covering specialities such as Mental Health for children, adults and older people, Learning Disabilities, Aspergers, Chronic Pain, Brain Injury and other physical health conditions. We look forward to welcoming people from all over the world to partake in and contribute to our tradition of excellence in training, research and clinical work.



Mrs Meherzin Das, Trust Professional Lead for Psychology and Psychological Therapies, Dorset HealthCare University NHS Foundation Trust

APPLICATION PROCESS

All applications must be submitted through the Clearing House using Course Code 09 – X.

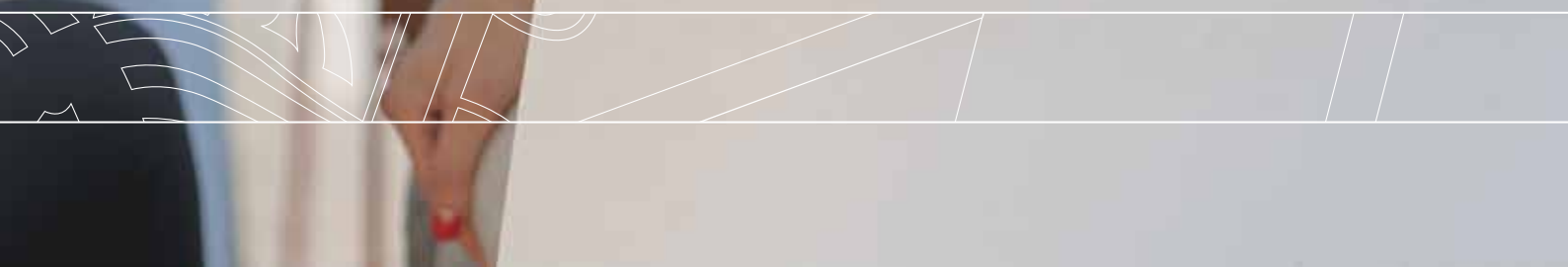
All shortlisted candidates will be invited to interview (either in person or via video conference; usually via Zoom or Skype). The international interviews mirror the process of the interviews for our commissioned trainees where possible, and comprise of an hour-long interview with a panel that focuses on research and clinical experience. There is also a group task which is led by people with lived experience of mental health issues. We can put any reasonable adjustments in place in accordance with the Equality Act 2010.

ENTRY REQUIREMENTS:

All applicants to the University of Exeter Doctorate in Clinical Psychology must meet our essential criteria summarised below.

- Graduate Basis for Chartered Membership (GBC) with the British Psychological Society (BPS).
- At least an Upper Second Class (2.i) Honours degree or equivalent in psychology.
- Clinical Experience – Relevant clinical experience of working with people with psychological needs, ideally supervised by a clinical psychologist.
- References – supportive academic and clinical references.
- Those whose first language is not English are required to provide evidence of an English language proficiency of IELTS at least level 7 (with no element below 6.5), or equivalent.
- Must qualify for international fee status.
- The ability to travel to placements.

For further information about full entry requirements and how to apply we recommend you consult the **Clearing House website**.





ADDITIONAL REQUIREMENTS

IF YOU ACCEPT AN OFFER

Visa

On acceptance of an offer, international applicants will need a Tier 4 UK visa. Please visit our **International Student Support website** for more information about visa requirements.

Disclosure and Baring Service

A DBS (Disclosure and Barring Service) check is a record of an individual's legal convictions, cautions, reprimands and warnings and may also include intelligence held by the UK police that relates to the individual's suitability for a position working (paid or unpaid) with children and/or vulnerable adults.

If you have not been resident in the UK for a continuous period of six months or more within the last five years, you must supply a 'Certificate of Good Conduct' issued by the country or countries in which you have lived during that time. A 'Certificate of Good Conduct' (CoGC) is a general term given to the check of police records in an applicant's home country, or the country in which they have resided. Each country has a different process for checking police records, and give a different name to the checking process.

Occupational Health Check

Trainees must have an occupational health check before they take up their post to ensure that they are physically and psychologically capable of doing the job, and that they do not present a risk to the vulnerable people that they will be working with.

The University has an obligation to ensure that our trainees' health status is in compliance with the requirements of our placement providers. The OH check is an online assessment that you will need to complete. Further advice will be provided in the offer letter.

Fees and other costs

The University of Exeter does its best to outline significant additional costs associated with your programme at offer stage. There may be other costs associated with your study or that are personal to you (or individual to your circumstances) which we are unable to outline at offer stage.

There is useful cost of living information in the International Student Guide which can be found on the International Student Support pages of our website. Notable costs include:

- Fees for the academic year 2018/19 will be £25,000. Please note that tuition fees are subject to an annual increase.
- If you require a visa to study in the UK you will be liable for the cost of a visa application (and any extensions should this expire before the end of your studies). When you apply for your visa you will also need to provide evidence that you can afford living expenses of at least £820 per month the actual amount spent may differ, according to your needs).
- The fees for your Disclosure and Baring Service and Occupational Health checks.
- There might be travel costs associated with your clinical placement that will be met by you. Examples would be travelling to meetings away from your clinical base, or travelling from your clinical base to visit a client.

Accommodation

There is limited accommodation on campus for international students. You are advised to visit the accommodation page for further information.

Further enquiries

If you require further information please do not hesitate to contact our CEDAR PGR team: DClinPsy@exeter.ac.uk





FIND OUT MORE

Come to one of our open days. Visit us at our campuses in Exeter and Cornwall: www.exeter.ac.uk/ug/visiting

For further information please visit www.exeter.ac.uk/ug/psychology

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