**Implementing the**

**CIOS PSHE Curriculum**

**Modules**

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**This document aims to support participants to record learning and actions to implement the CIOS PSHE curriculum in their school.**

**Introduction**

Welcome to the CIOS PSHE Training modules. These modules have been developed to support teachers in Cornwall and the Isles of Scilly to implement the CIOS Curriculum in their own school.

Cornwall and the Isles of Scilly have commissioned a comprehensive PSHE Curriculum for key stages 1 -5. This is t ensure that there is a consistent framework and approach to teaching PSHE across all schools.

To support schools to implement the curriculum in the real life context of their school a series of online training modules have been developed. This booklet accompanies the training modules.

**Purpose of this Document**

The purpose of this document is to enable teachers to record key learning and action points as they complete the training modules.

**Overall Aim of the Modules**

To support teachers to implement the Cornwall and Isles of Scilly PSHE Curriculum in the real life context of their school.

**The Modules**

**Module 1 Introduction to the Modules**: This module provides an overview of the rest of the modules along with a reflective activity to support you to take stock of where PSHE delivery is currently in your school.

**Module 2a Overview of the Statutory Requirements**: This module provides you with a summary of the Statutory Requirements to delive relationships, sex and health education.

**Module 2b Overview of the CIOS PSHE Curriculum – What to Teach When**: This module provides you with a detailed guide to the structure and content of the CIOS PSHE Curriculum.

**Module 3 Ensuring PSHE is Inclusive**: This module provides you with information on the needs and life experiences of children and young people, highlighting the importance of PSHE and the needs of the children and young people you teach.

**Module 4 Exploring Professional Values for Teaching PSHE**: This module outlines the professional values relevant for the teaching of PSHE and highlights some of the potential value conflicts which can arise.

**Module 5 Teaching PSHE:** These 2 modules provide a structure and framework to implement the CIOS PSHE Curriculum in your school including adding content, assessing learning, involving children and young people, creating a safe learning environment and reflections on behaviour expectations and management.

**Module 6 Teaching Sensitive and Challenging Subjects:** This module explores why some PSHE issues can be sensitive and challenging, how they can be identified to help find ways forward and signpost to additional training on specific PSHE topics.

**Module 7** **Working with Parents and Carers**: These 2 modules provide a summary of the statutory requirements for working with parents and carers, including the right to withdraw and how schools can engage and build partnerships with parents in relation to PSHE

**Module 8 SEND:** These 2 modules provide a summary of law and policy in relation to SEND and practical guidance on differentiation in the delivery of PSHE to meet the needs of SEND pupils.

**Module 9 Safeguarding:** This module provides a summary of safeguarding considerations when teaching PSHE.

We have kept the format of the booklet simple and you are invited to record any key learning points you want to remember as you complete each module along with any questions you have. There is also space to make a note of key action points you want to undertake. This will provide you with the basis for an action plan that will meet the needs of your school as you implement the CIOS PSHE Curriculum.

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| **Module 1 Introduction to the Modules** **Aim** To provide teachers with an overview of the CIOS Curriculum training modules **Learning Outcomes** By the end of the online module teachers will; 1. be able to summarise the aim, content and structure of the learning modules
2. be able to summarise PSHE as it is currently approached and taught in their school

**Content** 1. Introduction to the CIOS Curriculum & the CIOS approach
2. Overview of the Online Modules
3. Reflection: PSHE In Our School Currently
4. Key messages and summary
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| **Module 1 Reflection****PSHE In Our School Currently** 1. Do we currently teach PSHE?
2. Do we currently teach relationships and sex education?
3. Who teaches it/how is it taught?
4. How is it timetabled?
5. What is the broad content taught? Brief summary of the PSHE we currently teach, by year?
6. Do we involve young people in developing our PSHE curriculum? In what ways?
7. Do we currently involve parents and carers in relation to PSHE? In what ways?
8. Do we have an up to date PSHE Policy which outlines our teaching method and plan?
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| **2. RESPONSIBILITY FOR PSHE** 1. Who has any responsibility for PSHE in our school? (Senior Leaders, Governors, Lead Teachers or Subject Heads, Teaching Staff
2. Are they adequately briefed on/aware of the mandatory requirements and the CIOS PSHE Curriculum?
3. How effective would you say the communication and planning is between the relevant people?
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| **3. SENSITIVE ISSUES IN PSHE** 1. What are the sensitive and challenging issues related to PSHE in our school?
2. Why are they sensitive and challenging ?
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| **4. PSHE POLICY** 1. Does our school statement of values need to be reviewed/amended to incorporate any elements of our approach to teaching PSHE/Health Education?
2. Do we need to review our PSHE policy or do we need to write a new one?
3. What would we need to do to update/write our PSHE Policy?
4. Who will have responsibility for that?
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| 1. **TRAINING AND BRIEFING**
2. Who needs to be briefed on the CIOS Curriculum?
3. What training do we need and for whom?
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| **Module 1** **Actions**  |

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| **Module 2a Overview of the Statutory Requirements** **Aim** To provide teachers with an overview of the statutory requirements to provide and relationships, sex and health education.**Key Points** **Actions**  |

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| **Module 2b Overview of CIOS PSHE Curriculum** **Aim** To provide teachers with an overview of CIOS PSHE Curriculum **Learning Outcome** By the end of the online module teachers will be able to summarise 1. the main content and approach of the CIOS PSHE Curriculum
2. value the consistent approach to PSHE across CIOS

**Key Points** **Actions**  |

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| **Module 3 Ensuring PSHE is Inclusive** **Aim** To provide teachers with an overview of young people’s needs in relation to PSHE.**Learning Outcome** By the end of the online session teachers will; 1. Be able to describe ways in which the individual and social context of children and young people’s lives indicate the need for inclusive PSHE
2. be able to describe the ways in which all aspects of school life impact on PSHE learning
3. recognise the relevance of a whole school approach to PSHE

**Key Points** **Action Points**  |

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| **Module 5a Teaching PSHE** **Aim** To provide a robust framework to implement the CIOS Curriculum in the day to day context of each school**Learning Outcomes**By the end of the training participants will; * be able to describe different teaching structures effective for PSHE
* be able to plan, structure and deliver an effective PSHE lesson
* have a basic framework to involve pupils in setting the content of the PSHE curriculum
* have additional tools to help create a safe learning environment for pupils

**Key Points****Action Points**  |
| **Module 5b Teaching PSHE** **Aim** To provide a robust framework to implement the CIOS Curriculum in the day to day context of each school**Learning Outcomes**By the end of the training participants will; * appreciate the importance of creating and maintaining a safe learning environment when teaching PSHE
* have additional tools from trauma informed practices to help create a safe learning environment for pupils

**Key Points****Action Points**  |

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| **Module 6 Teaching Sensitive and Challenging Topics** **Aim** To identify sensitive and challenge issues in PSHE teaching **Learning Outcome** By the end of the online module teachers will * Be better able to identify which are sensitive and challenging subjects in their school in relation to PSHE and what makes them sensitive and challenging
* Describe an increase in knowledge in relation to addressing challenging and sensitive issues and the importance of establishing clear boundaries in PSHE lessons, answering children and young people’s questions and framing sensitive and challenging topics

**Key Points** **Action Points**  |

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| **Module 7 Working with Parents and Carers** **Aim** To provide a framework for schools to inform and involve parents and carers in PSHE in the real life context of their school.**Learning Outcome** By the end of the online module teachers will; 1. be able to summarise the statutory requirements and good practice guidance in relation to informing and involving parents and carers in PSHE
2. describe an increase in confidence and for appropriate roles explaining and managing parent’s rights to withdraw their child from sex education and RSE
3. have a framework to run a parent’s information session
4. describe an increase in confidence in answering parent’s and carer’s questions in relation to PSHE

**Key Points** **Action Points**  |

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| **Module 8a SEND** **Aim** For participants to understand the importance of inclusive PSHE for children and young people with SEND, and Laws and Legislation that supports this practise.**Learning Outcomes**By the end of the training module teachers will;* have increased their knowledge around PSHE and the need for inclusivity.
* Have increased knowledge of legislation and policies in relation to protecting and educating young people with SEND.

**Key Points** **Action Points**  |

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| **Module 8b SEND** **Aim** To increase understanding about what differentiation within PSHE can mean to schools and the children and young people being taught.**Learning Outcome** By the end of the online module teachers will; * understand the importance of age and stage appropriate sessions.
* have an understanding of how sessions can be differentiated.
* understand the role parents/carers can play within teaching the curriculum.

**Key Points** **Action Points**  |

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| **Module 9 Safeguarding** **Aim** To provide an overview of safeguarding issues which need to be considered when teaching PSHE.**Key Points** **Action Points**  |