

Naturland®

PRODUCT CATALOG



Good health is every person's greatest asset.

■ PHARMACEUTICALS		
■ TOPICAL PREPARATIONS		
	■ RAW MATERIALS & MEDICINES	2
	'health - reliability - quality'	
	■ BABY & MOM	6
	'special kind of care'	
	■ FOOT CARE	8
	'the next step in nourishment'	
	■ HAIR CARE	12
	'shine like a star'	
	■ HAND CARE	14
	'handful protection'	
	■ ORAL & MOUTH CARE	16
	'floral freshness'	
	■ RESPIRATORY RELIEF	18
	'take a deep breath'	
	■ SKIN CARE	20
	'happy skin'	
	■ SPORTS	24
	'keep moving'	
	■ MUSCLE & JOINT CARE	26
	'stronger than pain'	
	■ SOLUTIONS	32
	'health from herbs'	
	■ TABLETS	36
	'daily well-being & protection'	
	■ CAPSULES	44
	'inner beauty'	
	■ EFFERVESCENT TABLETS	48
	'fizz vitality for you'	
	■ POWDER SHOTS	52
	'for life'	
	■ LIQUID SHOTS	56
	'live more'	
	■ ESSENTIAL OILS	60
	'harmony of body & soul'	
	■ FRUIT INFUSIONS	68
	'refreshing fruity flavours'	
	■ HERBAL INFUSIONS	74
	'support & balance'	
■ ORAL PREPARATIONS		
■ AROMATHERAPY		
■ TEAS		

MEDICAL

PHARMACEUTICALS

MEDICAL

MEDICAL

Good health is everyone's greatest asset. At Naturland we strive to improve the quality of life by focusing on preventative health care products that promote well-being and inhibit disease. We emphasize natural alternatives for the treatment of common illnesses and ailments that are free from unwanted side effects.

Our products are being manufactured according to GMP (Good Manufacturing Practice) requirements. All purchased raw materials are being identified and controlled by our quality control laboratory. All suppliers' documents are being inspected at all times. Used raw materials from herbs to essential oils represents quality according to European Pharmacopoeia which guarantees active ingredients and exemption of heavy metal and pesticid content. Our products are being made of the most valuable part of herbs.

We are constantly working on to develop products that are not containing artificial colours and preservatives. Our research and development activity is based on application of Hungarian herbs from folk medicine contributing tradition to modern science.

Over 30 years success of Naturland would not be possible without the hard work of more than our 200 colleagues. Our current product portfolio is including pharmaceutical finished products and raw materials, paramedicines, food supplements, herbal and fruit teas, cosmetics as well as essential oils.



PHARMACEUTICALS

'magisterial raw materials'

ACIDUM ASCORBICUM Ph. Hg. VIII. 100g
ACIDUM CITRICUM MONOHD.Ph.Hg.VIII 1000g
ACIDUM LACTICUM Ph. Hg. VIII 1000g
ACIDUM SALICYLICUM Ph. Hg. VIII 1000g
ADEPS LANAE Ph. Hg. VIII. 500g
ADEPS SOLIDUS Ph. Hg. VIII. 500g
ALCOHOL CET. ET STEAR. Ph.Hg.VIII. 1000g
ALUMEN Ph.Hg. VIII. 500g
AURANTII DULCIS AETHER. Ph.Hg.VIII 100g
BALSAMUM PERUVIANUM Ph. Hg. VIII. 100g
BUTYRUM CACAO BP 2013 500g
CAMPHORA RACEMICA Ph. Hg. VIII. 100g
CERA ALBA Ph. Hg. VIII. 500g
CHOLESTEROLUM Ph. Hg. VIII. 100g
EUCALYPTI AETHEROLEUM Ph.Hg.VIII 100g
FRUCTOSUM Ph. Hg. VIII. 1000g
GLUCOSUM ANHYDRICUM Ph.Hg.VIII. 900g
GLYCEROLUM (85 %) Ph. Hg. VIII. 2400g
HELIANTHII A. OLEUM R. Ph.Hg.VIII. 1850g
IECORIS ASELLI OLEUM A Ph. Hg.VIII. 1700g
KAOLUNIM PONDEROSUM Ph. Hg. VIII 1000g
LAVANDULAE AETHEROLEUM Ph.Hg.VIII 100g
LEVOMENTHOLUM Ph. Hg. VIII. 50g
LIMONIS AETHEROLEUM Ph.Hg.VIII 100g
MACROGOLA 1500 Ph.Hg. VIII. 1000g
MACROGOLA 4000 Ph.Hg. VIII. 1000g
MAGNESIUM CITRICUM OGYI-S-186-1983 100g
MATRICARIAE AETHEROLEUM Ph.Hg.VIII. 10g
MENTHAE PIPERITAE AETH. Ph.Hg. VIII. 100g
METHYLIS PARAHYDR.BENZ. Ph.Hg.VIII. 100g
NATRII CHLORIDUM Ph.Hg.VIII 1000g
NATRII HYDROGENOCARB. Ph.Hg.VIII. 5000g
PARAFFINUM LIQUIDUM Ph. Hg. VIII. 1700g
PARAFFINUM SOLIDUM Ph.Hg. VIII. 1000 g
PINI SILVESTR.AETHEROLUM Ph.Hg.VIII.100g
POLYSORBATUM 60 Ph. Hg. VIII. 500g
ROSMARINI AETHEROLEUM Ph.Hg. VIII. 100g
SORBITOLUM Ph. Hg. VIII. 1000g
TALCUM Ph.Hg.VIII 1000g
TERPINUM USP 35 100g
UREUM Ph.Hg. VIII. 500g
VASELINUM ALBUM Ph. Hg. VIII. 800g
VASELINUM FLAVUM Ph. Hg. VIII. 5000g
ZINCI OXIDUM Ph. Hg. VIII. 1000g

'pharmaceutical raw materials'

ALUM. ACET. TART. SOL. 2/2013-MAG 1000g
AQUA PURIFICATA PH.HG.VIII 2000g
DILUENDUM MENTHAE FONO VII. 450g
ELIX. THYMI COMP. 2/2013-MAG 1000g
ELIX. THYMI COMP. 2/2013-MAG 10000g
ELIX. THYMI COMP. 2/2013-MAG 5000g
GLYCERINUM BORAXATUM FONO VII. 250g
MASSA MACROGOLI FONO VII. 250g
MUCILAGO HYD.AETH.CELL.ST.2/2013-MAG 900g
MUCILAGO METHYLCELLULOSE 2/2013-MAG 500g
SIRUPUS AURANTII 2/2013-MAG 200g
SIRUPUS SIMPLEX 2/2013-MAG 250g
SOLUTIO ACIDI BORICI 2% FONO VII. 1000g
SOLUTIO CONSERVANS 2/2013-MAG 400g
SOLUTIO IODI ALCOHOLICA 2/2013-MAG 200g
SOLV. VISCOSA NEM STERIL FONO VII. 250g
SOLV. VISCOSA NEM STERIL FONO VII. 500g
UNG. ALUM. ACET. TART. 2/2013-MAG 2500g
UNG. ALUM. ACET. TART. 2/2013-MAG 800g
UNG. EMOLLIENS 2/2013-MAG 800g
UNG. EMULSIF. NONION. 2/2013-MAG 2500g
UNG. EMULSIF. NONION. 2/2013-MAG 800g
UNG. EMULSIFICANS ANION. 2/2013-MAG 800g
UNG. GLYCERINI 2/2013-MAG 2000g
UNG. GLYCERINI 2/2013-MAG 800g
UNG. HYDROPHIL. ANION. 2/2013-MAG 2500g
UNG. HYDROPHIL. ANION. 2/2013-MAG 800g
UNG. HYDROPHIL. NONION.2/2013-MAG 2500g
UNG. HYDROPHIL. NONION.2/2013-MAG 300g
UNG. HYDROPHIL. NONION.2/2013-MAG 500g
UNG. HYDROPHIL. NONION.2/2013-MAG 5000g
UNG. HYDROPHIL. NONION.2/2013-MAG 800g
UNG. HYDROSUM 2/2013-MAG 2500g
UNG. HYDROSUM 2/2013-MAG 800g
UNG. OLEOSUM 2/2013-MAG 800g
UNG. SIMPLEX 2/2013-MAG 2500g
UNG. SIMPLEX 2/2013-MAG 800g
UNG. STEARINI 2/2013-MAG 2500g
UNG. STEARINI 2/2013-MAG 5000g
UNG. STEARINI 2/2013-MAG 800g
UNG. ZINCI OXYDATI 2/2013-MAG 800g
VASELINUM ACIDI BORICI 2/2013MAG 2500g
VASELINUM ACIDI BORICI 2/2013-MAG 800g
VASELINUM CHOLEST. FONO VII. 2500g
VASELINUM CHOLEST. FONO VII. 5000g
VASELINUM CHOLEST. FONO VII. 800g
AQUA AD INIJECTABILIA PH.HG.VIII. 100g
SOLUTIO NATRII CHLORATI 0,9 % 100g
SOLUTIO OPPTH.C.BENZALKON.FONO VII. 100g
SOLV. PRO OCULOG.C.THIOM.FONO VII.100g
SOLV. VISC.P. OCUL.C.THIOM.FONO VII.100g

TALCUM POWDER

SPARSORIUM INFANTUM FONO VII. NL 80 g

OINTMENTS

CREMOR REFRIGERANS FONO VII. NL 50 g
DETERGENS SULFURATUM FONO VII. NL 100 g
PAST.ZINC.OXYD.SALICYL.FONO VII. NL 30 g
UNG. ALUM. ACET. TART. FONO VII. NL 50 g
UNG. BORAXATUM FONO VII. NL 50 g
UNG. HYDROPHIL. NONION.PH.HG.VII.NL100 g
UNG. INFANTUM FONO VII. NL 130 g
UNG. NASALE FONO VII. NL 10 g

SUPPOSITORIES

SUPP. ANALGETICUM FONO VII. NL 6X
SUPP. ANALGETICUM FORTE FONO VII. NL 6X
SUPP. HAEMORRHOIDALE FONO VII. NL 10X
SUPP. NORAMINOPHEN.100mg FONO VII.NL 6X
SUPP. NORAMINOPHEN.200mg FONO VII.NL 6X
SUPP. THEOPHYLLINI 30mg FONO VII. NL 10X

SOLUTIONS

ELIX. THYMI COMP. FONO VII. NL 150 g
GLYCERINUM BORAXATUM FONO VII. NL 20 g
MIXTURA PECTORALIS FONO VII. NL 200 g
SOL.CASTELLANI S.FUCHSIN.FONO VII.NL 50 g
SOLUTIO ACIDI BORICI 2% FONO VII.NL 200 g
SOLUTIO ANTISUDORICA FONO VII. NL 50 g
SPIRITUS MENTHAE C.SALE FONO VII.NL 100 g
SPIRITUS SALICYLATUS FONO VII. NL 50 g

TABLETS

TABL. ANALGETICA FONO VII. NL 10X
TABL. ANTIDOLORICA FONO VII. NL 10X
TABL. COFFEINI 100 mg FONO VII. NL 20X
TABL.MAGNESII CITR.500mg FONO VII.NL 10X
TABL.TRIKALII CITR.1000mg FONO VII.NL20X

ATC

D08AE01

D04A
D11AC08
D02A
D04AX62
D01AE
D02AC
D02AB
R01AX59

N02BB52
N02AA59
C05AD
N02BB02
N02BB02
R03DA04

R05F
D08A
R05CA10
D01AE20
D08A
D11AA
M02AX10
D02AF

N02BB52
N02BA51
N06BC01
A12CC04
A12BA02



BABY & MOM



BABY BOTTOM CREAM

DESCRIPTION

Provides a protective barrier that prevents diaper rash by blocking moisture in the nappies from the baby's skin. Helps to prevent skin redness.

DIRECTIONS

Apply a thin layer to cleansed, dry skin. Can be applied several times a day as needed.

ACTIVE INGREDIENTS

Ricinus Communis Seed Oil (Castor oil), Zinc Oxide, Lanolin

VARIATION

100% Natural version is also available.

Cosmetics

50 ml/100 ml



CALENDULA BABY CREAM

DESCRIPTION

Skin care product for infants, children and adults. Its components resupply the fat and moisture lost due to external factors, making the skin soft, flexible and smooth.

DIRECTIONS

Gently rub the cream into the skin. Can be used after changing nappies, bathing or tanning. Apply several times a day.

ACTIVE INGREDIENTS

Calendula Officinalis Flower Extract (Calendula flower extract), Chamomilla Recutita Flower Extract (Camomile flower extract), Helianthus Annuus Seed Oil (Sunflower oil)

Cosmetics

50 ml/100 ml



MOM-TO-BE CREAM

DESCRIPTION

The active ingredients of the cream nourish, moisturize and improve the elasticity of the skin and protect from harmful environmental effects. Recommended for stretch marks during pregnancy and after birth.

DIRECTIONS

Massage the cream into desired area of cleansed skin with circular motion. Apply twice daily.

ACTIVE INGREDIENTS

Cocos Nucifera Oil (Coconut oil), Zea Mays Germ Oil (Maize germ oil), Butyrospermum Parkii Butter (Shea butter), Tocopherol (Vitamin E)

VARIATION

100% Natural version is also available.

Cosmetics

50 ml/100 ml





FOOT CARE

FOOT CARE

'the next step in nourishment'



100% NATURAL FOOT CARE CREAM FOR ATHLETES

DESCRIPTION

Protects the skin from drying with skin-friendly ingredients. Has protecting, moisturizing and refreshing effect.

DIRECTIONS

Gently rub and smear the cream into cleansed skin. Can be used several times daily if necessary. Can also be applied to tired skin.

ACTIVE INGREDIENTS

Butyrospermum Parkii Butter (Shea butter), Helianthus Annuus Seed Oil (Sunflower oil), Lavandula Angustifolia Oil (Lavender oil), Melaleuca Alternifolia Leaf Oil (Tea tree essential oil), Mentha Piperita Oil (Peppermint essential oil)

Cosmetics
50 ml/100 ml



ANTIPERSPIRANT FOOT GEL

DESCRIPTION

For prevention of unpleasant foot odor caused by excessive foot perspiration. Application of the gel is recommended before wearing closed shoes or doing sport activities.

DIRECTIONS

Apply a thin layer on cleansed skin and massage in until absorbed.

ACTIVE INGREDIENTS

Psidium Guajava Leaf Extract (Guava leaf extract), Menthol

Cosmetics
50 ml/100 ml



ANTIPERSPIRANT FOOT SPRAY

DESCRIPTION

Its active substances prevent feet perspiration and keep the feet dry and fresh. Use the spray to avoid unpleasant foot odor. Does not leave stains on socks and stockings.

DIRECTIONS

Spray on freshly cleansed skin from a distance of 15-20 cm. Use as needed.

ACTIVE INGREDIENTS

Aluminum Chlorohydrate, Menthol, Ruscus Aculeatus Root Extract (Butcher's Broom root extract), Aesculus Hippocastanum Seed Extract (Horse Chestnut extract), Vitis Vinifera Leaf Extract (Grape leaf extract), Hamamelis Virginiana Leaf Extract (Witch Hazel leaf extract)

Cosmetics
100 ml



FOOT CARE

'the next step in nourishment'



CORN REMOVAL BALM

DESCRIPTION

For removing corns and calluses.

DIRECTIONS

Removing calluses: apply the balm and let it rest for 20 to 30 minutes. Removing corns: apply the balm twice daily for about a week until the corn can be removed.

ACTIVE INGREDIENTS

Lanolin, Salicylic Acid, Lactic Acid

Cosmetics

20 g



FOOT CARE ACTIVE GEL

DESCRIPTION

Its main ingredient is horse chestnut extract which rejuvenates tired legs, refreshes and vitalizes the skin. It might help reduce the risk of developing edemas and circulatory problems. Recommended for the care of the skin areas of varicose and spider veins. The gel has refreshing and vitalizing effect.

DIRECTIONS

Apply the cream in a thin layer on the tired legs and massage it into your skin. For a refreshing foot wrap, apply a thicker layer on the skin.

ACTIVE INGREDIENTS

Aesculus Hippocastanum Seed Extract (Horse Chestnut extract), Allantoin

Cosmetics

50 ml/100 ml



FOOT CARE CREAM

DESCRIPTION

For daily foot care, prevention of calluses and cracked heels. Its active ingredients speed up skin regeneration and keep the skin soft.

DIRECTIONS

Apply to cleansed skin and gently massage in. Use multiple times a day as needed.

ACTIVE INGREDIENTS

Glycerin, Lecithin, Citric Acid

Cosmetics

50 ml/100 ml





HEEL CARE BALM

DESCRIPTION

Regular use of the balm aids the skin's natural renewal process and prevents cracked heels. The balm softens and hydrates dry, thickened and cracked skin on the heel. Also ideal for dry elbows and knees.

DIRECTIONS

Apply in the mornings and evenings to cleansed skin in a thin layer and gently massage in.

ACTIVE INGREDIENTS

Urea, Lanolin, Chamomilla Recutita Flower Extract (Camomile flower extract), Melaleuca Alternifolia Leaf Oil (Tea tree essential oil)

Cosmetics

50 ml/100 ml



HORSE CHESTNUT CREAM FORTE

DESCRIPTION

The herbal extracts of the cream are rich in anthocyanins, flavonoids and saponins which aid the skin's natural microcirculation. The cream also has a positive impact on the elasticity of skin and reduces the 'heavy leg' feeling. Everyday usage calms symptoms associated with spider and varicose veins.

DIRECTIONS

After cleansing, massage the cream into skin with gentle circular movements.

ACTIVE INGREDIENTS

Ruscus Aculeatus Root Extract (Butcher's Broom extract), Aesculus Hippocastanum Seed Extract (Horse Chestnut extract), Vitis Vinifera Leaf Extract (Grape leaf extract), Hamamelis Virginiana Leaf Extract (Witch Hazel leaf extract), Calendula Officinalis Flower Extract (Calendula flower extract)

Cosmetics

50 ml/100 ml



HORSE CHESTNUT CREAM FORTE PLUS

DESCRIPTION

The anthocyanin, flavonoid and saponin active ingredients in herbal extracts enhance the microcirculation of the skin, they favor the elasticity of the skin's surface blood vessels and help to reduce the feeling of 'heavy leg'.

DIRECTIONS

After cleansing, massage the cream into skin with gentle circular movements.

ACTIVE INGREDIENTS

Rutin, Ruscus Aculeatus Root Extract (Butcher's Broom Extract), Aesculus Hippocastanum Seed Extract (Horse Chestnut extract), Vitis Vinifera Leaf Extract (Grape leaf extract), Hamamelis Virginiana Leaf Extract (Witch Hazel leaf extract), Calendula Officinalis Flower Extract (Calendula flower extract)

Cosmetics

50 ml/100 ml





HAIR CARE



HERBAL SWEDISH BITTER HAIR LOTION

DESCRIPTION

The mixture of herbal extracts stimulates blood-supply of the scalp, strengthens hair roots, decreases and regulates excessive sebaceous gland function. Helps regenerate hair follicles and ensure normal functioning of the scalp.

DIRECTIONS

Rub the lotion into the wet hair and scalp, then wash in the usual way. Before the final rinse, leave on the scalp for 5 minutes, then rinse. Can be used on dry hair as well, just rub into the scalp and dry it.

ACTIVE INGREDIENT

Naturland Swedish Bitter Extract (combination of 28 carefully selected herbs)

Cosmetics
200 ml



HERBAL SWEDISH BITTER SHAMPOO

DESCRIPTION

Effectively nourishes and cleanses the hair. Regular use of the shampoo makes the hair shinier, softer and easier to comb. Helps to reduce the damaging effects of different hair treatments.

DIRECTIONS

Rub the shampoo into the wet hair and scalp then wash in the usual way. Leave on the scalp for 3-5 minutes, then rinse.

ACTIVE INGREDIENT

Naturland Swedish Bitter Extract (combination of 28 carefully selected herbs)

Cosmetics
200 ml



NETTLE LEAF SHAMPOO

DESCRIPTION

Recommended for everyday hair care and in case of hair loss or greasy hair. The active ingredients of nettle nourish blood vessels and the scalp, promote natural hair growth. With its gentle cleaning effect and pleasantly mild fragrance, it refreshes the hair and scalp.

DIRECTIONS

Rub the shampoo into wet hair and scalp, then wash in the usual way. Leave on the scalp for 3-5 minutes, then rinse.

ACTIVE INGREDIENT

Urtica Dioica Leaf Extract (Nettle leaf extract)

Cosmetics
200 ml



A field of lavender flowers in bloom, with a warm, golden light in the background. The flowers are in various stages of bloom, and the overall scene is peaceful and serene.

HAND CARE



HAND BALM WITH CALENDULA EXTRACT

DESCRIPTION

Care of dry and sensitive skin with nourishing Vitamin A from natural source. Thanks to the active ingredients of the balm, it helps replenish fatty substances of the skin and restore its hydration. Contributes to the regeneration of cracked skin caused by physical activity and environmental effects.

DIRECTIONS

Apply on the skin and gently massage into it. Use multiple times a day as needed.

ACTIVE INGREDIENTS

Chamomilla Recutita Flower Extract (Camomile flower extract), Calendula Officinalis Flower Extract (Calendula flower extract), Helianthus Annuus Seed Oil (Sunflower oil)

Cosmetics
50 ml



HAND BALM WITH LAVENDER OIL

DESCRIPTION

The essential oil of lavender brings natural relief to inflammation-prone skin. For everyday care of weathered skin.

DIRECTIONS

Apply on the skin and gently massage into it. Use multiple times a day as needed.

ACTIVE INGREDIENTS

Lavandula Angustifolia Oil (Lavender essential oil), Cymbopogon Nardus Oil (Citronella essential oil)

Cosmetics
50 ml



HAND SANITIZER GEL

DESCRIPTION

Has bactericidal, fungicidal and virus inactivating effect.

DIRECTIONS

Squeeze out a small amount of gel directly onto the palm and rub it thoroughly for 30 seconds.

ACTIVE INGREDIENT

Alcohol (Ethyl Alcohol)

Cosmetics
50 ml





ORAL & MOUTH CARE



HERBAL SWEDISH BITTER TOOTHPASTE + VITAMIN C

DESCRIPTION

Effectively cleans teeth and helps to keep them white and healthy. Its natural ingredients and carefully selected herbal extract ensure fresh breath and healthy gums.

DIRECTIONS

Brush thoroughly at least twice a day.

ACTIVE INGREDIENTS

Naturland Swedish Bitter Extract, Ascorbic Acid, Eucalyptus Globulus Leaf Oil (Eucalyptus essential oil)

Cosmetics
50 ml/100 ml



HERPESIL GEL

DESCRIPTION

Local treatment of Herpes simplex (I) virus infection appearing around the mouth and nose. The treatment reduces healing time and delaying the recurrent symptoms, promote the healing process of the mucous membrane and the skin.

DIRECTIONS

Apply a thin layer of gel to the area around the mouth or nose where scabs have formed. Use 1-3 times a day or before bed.

ACTIVE INGREDIENT

Naturland Herpesil Extract (Combination of 6 carefully selected herbs)

Paramedicines
10g



PROPOLIS TOOTHPASTE

DESCRIPTION

Effectively cleans the teeth, and helps to keep their whiteness and health. With its propolis and chamomile extracts it makes the gums healthy and the breath fresh. Free of fluoride.

DIRECTIONS

Brush thoroughly at least twice a day.

ACTIVE INGREDIENTS

Propolis Extract, Chamomilla Recutita Flower Extract (Camomile flower extract)

Cosmetics
50 ml/100 ml



A close-up photograph of dandelion seed heads against a teal background. The seeds are in various stages of dispersal, with some fully formed and others just beginning to release their white, feathery pappus. The lighting is soft, highlighting the intricate details of the seeds and the delicate structure of the pappus.

RESPIRATORY RELIEF

RESPIRATORY RELIEF

'take a deep breath'



DEEP BREATH NASAL CREAM

DESCRIPTION

Recommended for colds, respiratory infections and catarrhs as well as for coughs. The product cleans and disinfects the nasal passages, soothes inflamed skin.

DIRECTIONS

Apply an amount of the size of a rice grain (for children from the age of 3 and up) or a lentil (for adults) on the outside of nostrils and surrounding area 3 times a day. Use more often if needed but maximum 5 times a day.

ACTIVE INGREDIENTS

Calendula flower extract, Chamomile flower extract, Eucalyptus leaf oil, Peppermint oil, Thyme leaf oil, Lavender oil, Star Anise oil, Lemon Grass oil

Paramedicines

10 g



CHEST CREAM FOR RESPIRATORY RELIEF FOR ADULTS

DESCRIPTION

Recommended for adults as a complementary help for colds, upper respiratory infections, catarrhs, coughs and bronchitis.

DIRECTIONS

Apply the cream in a thin layer on the center line of the upper part of chest, gently rub into the skin and cover with dry wool or linen cloth. Use 2-3 times a day.

ACTIVE INGREDIENTS

Star Anise oil, Pine Nidle oil, Eucalyptus leaf oil, Niaouli oil, Thyme leaf oil, Lemon Grass oil, Calendula flower extract, Chamomile flower extract

Paramedicines

50 ml/100 ml



CHEST CREAM FOR RESPIRATORY RELIEF FOR CHILDREN

DESCRIPTION

Recommended for children from the age of 2 as a complementary help for colds, upper respiratory infections, catarrhs, coughs and bronchitis.

DIRECTIONS

Apply the cream in a thin layer on the center line of the upper part of chest, gently rub into the skin and cover with dry wool or linen cloth. Use 2-3 times a day.

ACTIVE INGREDIENTS

Eucalyptus leaf oil, Lemon Grass oil, Star Anise oil, Thyme leaf oil, Calendula flower extract, Chamomile flower extract

Paramedicines

50 ml/100 ml



A close-up photograph of several sliced pieces of fresh aloe vera. The slices are arranged in a stack on the left side of the frame. To the right, a larger, flat slice of aloe vera lies on a light-colored, textured surface, possibly a towel, which is covered in numerous water droplets. The background is a soft, out-of-focus green, suggesting more aloe vera leaves. In the center of the image, there is a white rectangular box with a thin black border containing the text "SKIN CARE" in a bold, green, sans-serif font.

SKIN CARE



**100% NATURAL
COCOA BUTTER CREAM**

DESCRIPTION

The plant oils and butters have protecting, moisturizing and skin soothing effects, nourish dry skin with skin-friendly ingredients and has excellent softening effect. For all skin types and ages.

DIRECTIONS

Gently rub and smear the cream into cleansed skin. Can be used several times daily if necessary. It can also be applied to tired and sensitive skin exposed to environmental damages, sunburn or tanning.

ACTIVE INGREDIENTS

Theobroma Cacao Seed Butter (Cocoa butter), Butyrospermum Parkii Butter (Shea butter), Helianthus Annuus Seed Oil (Sunflower oil)

Cosmetics
50 ml/100 ml



AFTER BITE CREAM

DESCRIPTION

The active ingredient of the cream relieves itching caused by bites or stings of various kinds of insects or nettle stings. It helps prevent redness and swelling of the skin. Especially beneficial for children to help prevent them from scratching.

DIRECTIONS

Apply the cream on the affected skin area right after an insect bite or skin rash, massage it into the skin until it is fully absorbed. Reapply when itching appears again.

ACTIVE INGREDIENT

Calendula Officinalis Flower Extract (Calendula flower extract)

Cosmetics
50 ml/100 ml



ALOE VERA GEL

DESCRIPTION

The gel helps moisturize and hydrate the skin. Daily use of the gel contributes to natural regeneration of skin. Recommended to use after swimming and sunbathing.

DIRECTIONS

Spread the gel in a thin layer on your skin and gently massage into it.

ACTIVE INGREDIENTS

Aloe Barbadensis Leaf Extract (Aloe Vera extract), Glycerin

Cosmetics
50 ml/100 ml



SKIN CARE

'happy skin'



CALENDULA CREAM

DESCRIPTION

Care of dry skin with nourishing natural plant oils and extracts. Due to the active ingredients the cream helps replenish fatty substances of the skin and restore hydration.

DIRECTIONS

Apply the cream in a thin layer to the cleansed, affected area and its surroundings 2-3 times daily. Massage gently until fully absorbed.

ACTIVE INGREDIENTS

Olus Oil (Vegetable oil), Calendula Officinalis Flower Extract (Calendula flower extract), Chamomilla Recutita Flower Extract (Chamomile flower extract), Butyrospermum Parkii Butter (Shea butter), Helianthus Annuus Seed Oil (Sunflower seed oil)

Cosmetics

50 ml/100 ml



OINTMENT FOR BURNS & SKIN INJURIES

DESCRIPTION

For the treatment of minor burn injuries. Pleasantly cools the injured surface and prevents the bandage from sticking to the wound. Also helps reduce pain when removing bandage from a wound that has been surgically treated but is still oozing.

DIRECTIONS

In case of minor (I or II/a degree) burns, apply ointment in a thin layer on injured surface and cover with an antiseptic gauze pad.

ACTIVE INGREDIENTS

Gadi Lecur Oil (Cod liver oil, Type B), Camphor, Menthol (Levomenthol), Thymus Vulgaris Extract (Tincture Thyme)

Paramedicines

20 g



PROPOLIS BALM

DESCRIPTION

The balm's most important component is propolis which contains essential oils, Vitamin B1, B2, B6, C and E, amino acids, and minerals. The balm's carefully selected, natural active ingredients ensure optimal skin hydration, nourishment and protection.

DIRECTIONS

Apply a small amount of balm to the skin and gently massage until it is completely absorbed.

ACTIVE INGREDIENTS

Propolis Extract, Chamomilla Recutita Flower Extract (Chamomile flower extract), Allantoin

Cosmetics

50 ml/100 ml







SPORTS



ICE GEL

DESCRIPTION

Easily absorbing gel with camphor and menthol. Due to the active ingredients, it stimulates blood circulation and provides a cooling, refreshing effect on the skin. Can be used after sports and demanding physical work for refreshing and massaging the tired skin.

DIRECTIONS

Apply a thin layer of gel, and gently massage into the skin.

ACTIVE INGREDIENTS

Camphor, Menthol

Cosmetics

50 ml/100 ml



ICE GEL FORTE

DESCRIPTION

Due to the increased amount of menthol and camphor, it provides an even more intense cooling effect on the skin. Can be used after sports and demanding physical work for refreshing and massaging the tired skin.

DIRECTIONS

Apply a thin layer of gel, and gently massage into the skin.

ACTIVE INGREDIENTS

Camphor, Menthol

Cosmetics

50 ml/100 ml



SPORTS CREAM

DESCRIPTION

Recommended to use in case of increased muscle strain caused by sports or arduous physical activity. Suitable for massaging the tired muscles.

DIRECTIONS

Apply to body parts exposed to increased strain in a thin layer and gently rub into skin.

ACTIVE INGREDIENTS

Camphor, Menthol, Eucalyptus Globulus Leaf Oil (Eucalyptus essential oil), Rosmarinus Officinalis Leaf Oil (Rosemary essential oil)

Cosmetics

50 ml/100 ml



A close-up photograph of green rosemary branches with needle-like leaves. The background is a soft, out-of-focus light green. A white rectangular box with a thin black border is centered in the image, containing the text "MUSCLE & JOINT CARE" in a bold, green, sans-serif font.

MUSCLE & JOINT CARE

MUSCLE & JOINT CARE

'stronger than pain'



ARNICA ACTIVE GEL

DESCRIPTION

The active ingredients of the gel might help reduce swelling and haematomas caused by closed wounds and soothe the unpleasant effect of insect bites or stings. Also recommended as complementary help for nursing muscle and joint pains for skin care purposes.

DIRECTIONS

Apply the gel on the affected, cleansed skin area and massage gently until absorbed. Use 1-2 times daily, for a maximum of 4-6 weeks.

ACTIVE INGREDIENTS

Symphytum Officinale Root Extract (Comfrey root extract), Arnica Montana Flower Extract, Rosmarinus Officinalis Leaf Oil (Rosemary essential oil)

Cosmetics
50 ml/100 ml



ARNICA CREAM

DESCRIPTION

For treatment of various closed wounds resulting from accidents or sports activities (bruises, strains, dislocations), reduces inflammatory conditions of the skin and decreases healing time of haematomas. Suitable for soothing or eliminating symptoms of insect bites.

DIRECTIONS

Thoroughly cleanse surface to be treated. Apply a thin layer and gently rub into the skin 2-3 times daily.

ACTIVE INGREDIENTS

Arnica Montana Flower Extract, Calendula Officinalis Flower Extract (Calendula flower extract), Chamomilla Recutita Flower Extract (Camomile flower extract)

Paramedicines
50 ml/100 ml



COMFREY & ARNICA CREAM

DESCRIPTION

Traditional European herbal product using extracts of comfrey root and arnica blossom. Its active ingredients might help eliminate haematomas, inflammations and edemas caused by bruises, strains and sports injuries. Recommended for skin care purposes.

DIRECTIONS

Apply a thin layer on cleansed skin surface and gently rub into skin. Apply 1-2 times daily, for a maximum of 4-6 weeks per year.

ACTIVE INGREDIENTS

Symphytum Officinale Root Extract (Comfrey root extract), Arnica Montana Flower Extract

Cosmetics
50 ml/100 ml



MUSCLE & JOINT CARE

'stronger than pain'



COMFREY CREAM

DESCRIPTION

Can be used to soothe the unpleasant effect of sprains, strains, contusions, pulled muscles and ligaments, closed wounds and sports injuries, as well as swelling and haematoma, local dermatitis, and phlebitis. For skin care purposes.

DIRECTIONS

Apply a thin layer on freshly cleansed skin and gently rub until absorbed. Apply up to twice daily.

ACTIVE INGREDIENTS

Symphytum Officinale Root Extract (Comfrey root extract), Calendula Officinalis Flower Extract (Calendula flower extract), Chamomilla Recutita Flower Extract (Camomile flower extract), Allantoin

Paramedicines

50 ml/100 ml



CURCUMA GEL

DESCRIPTION

Skin care gel with curcuma extract and refreshing menthol. Recommended for massaging aching joints. Thanks to its herbal complex and special cream-gel formula it absorbs effectively.

DIRECTIONS

Apply the gel onto the cleansed skin and gently massage in.

ACTIVE INGREDIENTS

Curcuma Longa Root Extract, Cocos Nucifera Oil (Coconut oil), Lavandula Angustifolia Oil (Lavender essential oil), Eugenia Caryophyllus Bud Oil (Clove essential oil), Menthol

Cosmetics

50 ml/100 ml



DEVIL'S CLAW CREAM

DESCRIPTION

The Devil's claw root extract contributes to the relaxation of muscles. The camphor and menthol content cause local congestion and the red pepper extract gives a warm feeling to the skin. We recommend it for massaging tired, sore parts of the body.

DIRECTIONS

Apply the cream in a thin layer to the affected area and its surroundings 2-3 times daily. Massage gently until absorbed.

ACTIVE INGREDIENTS

Rosmarinus Officinalis Leaf Oil (Rosemary essential oil), Camphor, Menthol, Capsicum Annuum Fruit Extract (Red pepper extract), Harpagophytum Procumbens Root Extract (Devil's claw root extract)

Cosmetics

50 ml/100 ml





HORSE BALM

DESCRIPTION

Recommended for massaging the tired and aching body parts after sports or arduous physical work. The composition of camphor causes local hyperaemia, in conjunction with menthol it has stronger refreshing effect on the skin.

DIRECTIONS

Apply a thin layer and gently massage into the cleansed skin. Should be used 2-3 times a day.

ACTIVE INGREDIENTS

Herbal Extract (combination of 24 carefully selected herbs), Menthol, Camphor

VARIATIONS

Horse Balm With Bee Venom & Horse Balm With Swedish Bitter are also available.

Cosmetics

50 ml/100 ml



INNO RHEUMA BATH OIL

DESCRIPTION

For nursing tired and aching body parts, joints and muscles. The essential oil of rosemary is used as external liniment for treating body parts affected by articular and rheumatic complaints. The combination of lavender essential oil and menthol cools and calms the skin.

DIRECTIONS

For baths, add approx. 30 ml bath oil to about 150 liters of bath water then bathe as usual. Do not use continually longer than 6 weeks.

ACTIVE INGREDIENTS

Lavandula Angustifolia Oil (Lavender essential oil), Rosmarinus Officinalis Leaf Oil (Rosemary essential oil), Menthol

Paramedicines

200 ml



INNO RHEUMA CREAM

DESCRIPTION

Use as a standalone treatment of rheumatic joint inflammation, muscle and limb pain, sore muscles, bruises and closed accidental injuries (sprains, dislocations) or in combination with targeted drug treatment or physiotherapy.

DIRECTIONS

Apply a thin layer of cream on the affected area and its surroundings 2-3 times daily and rub in gently.

ACTIVE INGREDIENTS

Rosmarinus Officinalis Leaf Oil (Rosemary essential oil), Camphor, Menthol

Paramedicines

50 ml/100 ml



MUSCLE & JOINT CARE

'stronger than pain'



INNO RHEUMA FORTE CREAM

DESCRIPTION

The essential oil of rosemary is used as external liniment for treating body parts affected by articular and rheumatic complaints. Camphor and menthol cause local hyperaemia, and the red pepper extract gives a warm feeling to the skin. For massaging tired and aching body parts.

DIRECTIONS

Apply the cream in a thin layer to the affected area and its surroundings 2-3 times daily. Massage gently until absorbed.

ACTIVE INGREDIENTS

Rosmarinus Officinalis Leaf Oil (Rosemary essential oil), Camphor, Menthol, Capsicum Annuum Fruit Extract (Red pepper extract)

Paramedicines

50 ml/100 ml



INNO RHEUMA MASSAGE OIL

DESCRIPTION

Treatment of rheumatic joint inflammations, muscle and limb pains. To be used by itself or in conjunction with drug therapy or physiotherapy.

DIRECTIONS

Apply the oil in a thin layer on aching body parts and massage until absorbed. Can be used up to 5 times daily.

ACTIVE INGREDIENTS

Lavandula Angustifolia Oil (Lavender essential oil), Rosmarinus Officinalis Leaf Oil (Rosemary essential oil), Menthol

Paramedicines

200 ml



MELLIORA CREAM

DESCRIPTION

The active ingredients of the cream could help to reduce inflammation and increase blood circulation. Recommended for massaging tired and aching body parts. Use as a skin care cream.

DIRECTIONS

Apply the cream in a thin layer on the affected area and its surroundings up to 5 times daily. Massage gently until fully absorbed.

ACTIVE INGREDIENTS

Camphor, Arnica Montana Flower Extract, Bee Venom

Paramedicines

50 ml/100 ml





MUSCLE NIGHT CREAM

DESCRIPTION

This cream is developed to provide the ultimate relaxing experience for the skin as the supplement treatment for the nursing of muscle pains, muscle cramps, pulled muscle.

DIRECTIONS

Apply a thin layer of cream in the evening on cleansed skin to the affected area and its surroundings. Massage gently until absorbed.

ACTIVE INGREDIENTS

Menthol, Camphor, Lavandula Angustifolia Oil (Lavender essential oil), Rosmarinus Officinalis Leaf Oil (Rosemary essential oil), Harpagophytum Procumbens Root Extract (Devil's claw root extract), Eucalyptus Globulus Leaf Oil (Eucalyptus essential oil), Eugenia Caryophyllus Bud Oil (Clove essential oil)

Cosmetics

50 ml/100 ml



RUBBING GEL WITH MENTHOL & ESSENTIAL OILS

DESCRIPTION

Eucalyptus, peppermint and rosemary essential oils stimulate microcirculation and leave your skin fresh. Thanks to the menthol's cooling effect, usage of the gel is recommended in case of mosquito and insect bites and nettle rash. It can be used after sports, hiking or long day's physical work for skin care and massage.

DIRECTIONS

Massage it into the cleansed skin 2 or 3 times a day.

ACTIVE INGREDIENTS

Menthol, Eucalyptus Globulus Leaf Oil (Eucalyptus essential oil), Mentha Piperita Leaf Oil (Peppermint essential oil), Rosmarinus Officinalis Leaf Oil (Rosemary essential oil)

Cosmetics

50 ml/100 ml



SWEDISH BITTER CREAM

DESCRIPTION

Helps relieve pain caused by rheumatic diseases, improves blood circulation of aching body parts and reduces stiffness of the muscles.

DIRECTIONS

Use 2-3 times daily by applying a thin layer on cleansed aching body parts. It can also be used as a pain relief wrap.

ACTIVE INGREDIENTS

Swedish Bitter Extract, Camphor, Menthol

Paramedicines

50 ml/100 ml





SOLUTIONS



CRATEGIL SOLUTION

DESCRIPTION

Recommended for prevention of cardiovascular disorders and helps to relieve cardiac complaints or arrhythmias caused by nervousness (only in case no other antiarrhythmic medicines are needed).

DIRECTIONS

The recommended dose for adults and children above the age of 12 is 1 measuring cup 2-3 times daily after meals with little liquid.

ACTIVE INGREDIENT

Crataegi extract in Alcoholic solution (1,02 g alcohol content in 1 measuring cup)

Paramedicines

150 ml



ECHINACEA + VITAMIN C SOLUTION

DESCRIPTION

The echinacea extract soothes the throat and the pharynx, and supports the normal functioning of the upper respiratory tract and the immune system. Vitamin C contributes to the normal functioning of the nervous and immune system, and the reduction of weariness and fatigue.

DIRECTIONS

Take 3x15 ml daily with the attached measuring cup.

ACTIVE INGREDIENTS

Echinacea root extract, Vitamin C

Food supplements

150 ml



IVY LEAF SYRUP

DESCRIPTION

For soothing the throat and relieving coughs. The extract supports regular functioning of the immune system.

DIRECTIONS

For adults daily 3 x 15 ml, for children (above the age of 3) daily 3 x 5 ml.

ACTIVE INGREDIENTS

Ivy leaf extract, Honey

Food supplements

150 ml



SOLUTIONS

'health from herbs'



PMS DROPS

DESCRIPTION

For relieving uncomfortable symptoms during the pre-menstrual stage and menstruation.

DIRECTIONS

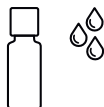
Start using the product 3-5 days before and during your menstruation. Take 3x30 drops daily, after meals with liquid.

ACTIVE INGREDIENTS

Yarrow, Balm herb, Coriander, Couch Grass rhizome, Green tea leaf (in 45% (V/V) Alcoholic solution)

Paramedicines

30 ml



PROPOLIS DROPS

DESCRIPTION

For preventing and soothing upper respiratory diseases caused by infections. Recommended to use as a complementary treatment of urinary and gastrointestinal inflammations, to strengthen the immune system and also as a treatment for gingivitis and stomatitis.

DIRECTIONS

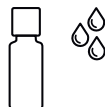
Add 20 drops on cube sugar or bread 3 times daily, for 4-5 days. Use for children above age of 14. In the oral cavity the drops can be applied by cotton swab. Use for 2 weeks for prevention purposes.

ACTIVE INGREDIENT

Propolis extract with 85% (V/V) Alcohol content

Paramedicines

30 ml



RIBWORT PLANTAIN SYRUP

DESCRIPTION

Ribwort plantain extract soothes throat, pharynx and vocal cords, supports regular functioning of the immune system.

DIRECTIONS

Daily 3 x 15 ml for adults and daily 3 x 5 ml for children above the age of 3. Measured with enclosed cup.

ACTIVE INGREDIENT

Ribwort Plantain leaves extract with 1,9% (V/V) Alcohol content

VARIATIONS

Ribwort Plantain Syrup + Vitamin C For Kids
Ribwort Plantain Syrup + Vitamin C For Adults

Food supplements

150 ml





SWEDISH BITTER DROPS WITH 1% ALCOHOL

DESCRIPTION

The extracts of the centaury flower, ginger root, blessed thistle, gentian root and white horehound flower support digestion and contribute to the normal function of the intestinal system. The extract of gentian root stimulates appetite. The product contains less than 1% (V/V) Alcohol.

DIRECTIONS

Daily 2x1 teaspoonful of solution mixed in a glass of water or tea.

ACTIVE INGREDIENTS

40 species of fine selected Herbs with less than 1% (V/V) Alcohol content

Food supplements

100 ml/250 ml/500 ml



SWEDISH BITTER DROPS WITH 40% ALCOHOL

DESCRIPTION

Use internally to improve appetite and to relieve gastro-intestinal discomfort, bloating and feeling sated. Can be used externally for massaging and compressing in case of rheumatic and muscular pain.

DIRECTIONS

Internally

For adults 2-3 x 1 teaspoon daily in a diluted form.

Externally

Thoroughly rub into or compress over the affected area, maximum 5 times a day.

ACTIVE INGREDIENTS

40 species of fine selected Herbs with 40% (V/V) Alcohol content

VARIATION

Swedish Bitter Drops with Vitamin C

Paramedicines

100 ml/250 ml/500 ml



VITAMIN D3 DROPS 400IU

DESCRIPTION

Vitamin D contributes to normal utilization of calcium and phosphorus, to maintain healthy bones and muscle function and to normal immune function.

DIRECTIONS

For children and adults 1 drop per day.

ACTIVE INGREDIENT

Cholecalciferol

Food supplements

10 ml



A close-up photograph of a branch covered in bright orange, glossy berries. The berries are clustered together and have a small dark spot at the top. The background is softly blurred, showing more of the branch and some green leaves. A white rectangular box is centered over the middle of the image, containing the word "TABLETS" in orange capital letters.

TABLETS

TABLETS

'daily well-being & protection'



CA+D3+K2 FORTE TRIO TABLETS

DESCRIPTION

Calcium and Vitamin D3 contribute to healthy bones, teeth and healthy muscle function. Calcium has beneficial effect on the immune system, supports normal blood clotting processes and contributes to the maintenance of digestive enzymes.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Calcium, Vitamin K2, Vitamin D3

Food supplements

30 tablets



Ⓢ



CAFFEINE TABLETS

DESCRIPTION

Due to its stimulant effect, caffeine improves the ability to concentrate by boosting alertness. One tablet is the equivalent a cup of coffee.

DIRECTIONS

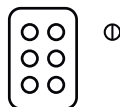
2 x 1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENT

Caffeine

Food supplements

60 tablets



Ⓢ



CONCENTRATION FORTE TABLETS

DESCRIPTION

Due to its stimulant effect, caffeine improves your alertness, and helps to maintain the ability to concentrate. Enriched with L-glutamic acid and L-aspartic acid.

DIRECTIONS

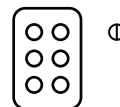
2 x 1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

L-glutamic acid, L-aspartic acid, Caffeine

Food supplements

40 tablets



Ⓢ

TABLETS

'daily well-being & protection'



GOOD NIGHT TABLETS

DESCRIPTION

Calcium, magnesium and potassium contribute to normal functioning of muscles. Vitamin D is necessary for the absorption and utilisation of calcium and phosphorus.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Calcium, Magnesium, Potassium, Lavender extract, Vitamin D

Food supplements

40 tablets



IRON + VITAMIN C & B12 + FOLIC ACID TABLETS

DESCRIPTION

Vitamin B12 and Vitamin C contributes to normal energy-yielding metabolism. Vitamin B12, Vitamin C, folic acid and iron contributes to the normal function of the immune system. Iron contributes to normal oxygen transport in the body and to normal formation of red blood cells and haemoglobin.

DIRECTIONS

2 tablets daily, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin C, Iron, Folic acid, Vitamin B12

Food supplements

60 tablets



MAGNESIUM TABLETS

DESCRIPTION

Magnesium contributes to normal muscle function and proper functioning of the nervous system, reduces fatigue and exhaustion.

DIRECTIONS

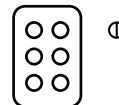
3 x 1 tablets daily, swallowed with liquid.

ACTIVE INGREDIENT

Magnesium citrate

Food supplements

60 tablets



TABLETS

'daily well-being & protection'



MULTIMAN TABLETS

DESCRIPTION

Multivitamin preparation with minerals and trace elements for men.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Biotin, Vitamin C, Vitamin D, Vitamin E, Folic acid, Vitamin K, Niacin, Pantothenic acid, Calcium, Magnesium, Zinc, Copper, Manganese, Selenium, Chromium, Molybdenum, Iodine

Food supplements

60 tablets



MULTIMINERAL TABLETS

DESCRIPTION

Multimineral preparation with vitamins, minerals and trace elements.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Magnesium, Vitamin C, Vitamin E, Niacin, Zinc, Pantothenic acid, Manganese, Vitamin B6, Vitamin B1, Vitamin B2, Vitamin A, Folic acid, Chromium, Iodine, Selenium, Biotin, Vitamin D, Vitamin B12

Food supplements

90 tablets



MULTIVITAMIN A-Z TABLETS

DESCRIPTION

Multivitamin preparation with minerals and trace elements.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Calcium, Magnesium, Phosphorus, Vitamin C, Potassium, Chloride, Niacin, Vitamin E, Pantothenic acid, Zinc, Iron, Vitamin B1, Vitamin B2, Vitamin B6, Manganese, Copper, Folic acid, Biotin, Vitamin A, Iodine, Chromium, Selenium, Molybdenum, Vitamin K, Vitamin D, Vitamin B12

Food supplements

60 tablets



TABLETS

'daily well-being & protection'



MULTIVITAMIN FOR KIDS CHEWABLES

DESCRIPTION

Bear shaped multivitamin preparation for kids.

DIRECTIONS

1 chewable per day.

ACTIVE INGREDIENTS

Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin, Vitamin B12

Food supplements
60 chewables



MULTIVITAMIN FOR KIDS GUMMY BEARS

DESCRIPTION

Multivitamin preparation with Echinacea extract.

DIRECTIONS

1 gummy bear daily.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Folic acid, Zinc, Selenium, Echinacea extract

Food supplements
45 gummy bears



MULTIWOMAN TABLETS

DESCRIPTION

Multivitamin preparation with minerals and trace elements for women.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Biotin, Vitamin C, Vitamin D, Vitamin E, Folic acid, Vitamin K, Niacin, Pantothenic acid, Calcium, Magnesium, Iron, Zinc, Copper, Manganese, Selenium, Chromium, Molybdenum, Iodine

Food supplements
60 tablets



TABLETS

'daily well-being & protection'



MUSCLE & JOINT COMPLEX TABLETS

DESCRIPTION

Vitamin preparation with glucosamine, chondroitin, vitamins, minerals and trace elements.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

D-Glucosamine sulfate, Chondroitine sulfate, Vitamin C, Vitamin E, Zinc, Vitamin B6, Copper, Manganese, Folic acid, Selenium, Vitamin B12

Food supplements

30 tablets



ORAL DISINFECTANT TABLETS

DESCRIPTION

For treatment of upper respiratory tract and oral conditions.

DIRECTIONS

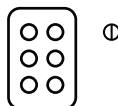
Daily 3-5 x 1 tablet for adults, daily 3 x 1 tablet for children. Slowly dissolve in the mouth without chewing.

ACTIVE INGREDIENT

Lysozyme chloride

Food supplements

40 tablets



PROPOLIS + VITAMIN C CHEWABLES

DESCRIPTION

Vitamin C supports the normal functioning of the immune system. With a pleasant taste of honey.

DIRECTIONS

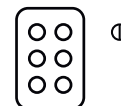
2 x 1 chewable daily.

ACTIVE INGREDIENTS

Vitamin C, Polyphenols (from Propolis extract)

Food supplements

40 chewables



TABLETS

'daily well-being & protection'



RICE BRAN & ALGA CHEWABLES

DESCRIPTION

Supplementation of weight loss and detoxifying cures with rice bran and microalgae. Bio-stabilized rice bran is a rich source of fibres, vitamins and minerals. Chlorella may help detoxify your body and grape seeds are rich in powerful antioxidants. May help reduce symptoms of MSG sensitivity.

DIRECTIONS

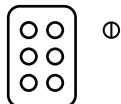
3 x 2 chewables daily.

ACTIVE INGREDIENTS

Bio-stabilized Rice bran powder, dried Chlorella microalgae, Vitamin C, grounded Grape seed

Food supplements

50 chewables



SEA BERRY & OMEGA CHEWABLES

DESCRIPTION

Sea Berry Omega powder is a blend of Tibetan Sea Berry fruit juice, seed oil and fruit oil. It is an excellent source of plant based essential fatty acids (Omega 3-6-7-9). Sea berry oil helps to maintain healthy skin and Vitamin C supports the body's immune system.

DIRECTIONS

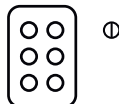
2 x 1 chewable daily.

ACTIVE INGREDIENTS

Vitamin C, Omega 3-6-7-9 fatty acids (from Tibetan Sea Berry)

Food supplements

50 chewables



VITAMIN C TABLETS

DESCRIPTION

Vitamin C contributes to normal energy-yielding metabolism, the normal function of the immune system and to the protection of cells from oxidative stress.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENT

Vitamin C

Food supplements

60 tablets



TABLETS

'daily well-being & protection'



VITAMIN C CHEWABLES FOR KIDS

DESCRIPTION

Vitamin C is required for normal functioning of the immune system.

DIRECTIONS

1 chewable daily.

ACTIVE INGREDIENTS

Vitamin C

FLAVOUR

Natural Orange flavour

Food supplements

100 chewables



①



VITAMIN D FORTE TABLETS 4000IU

DESCRIPTION

Contributes to the normal functioning of the immune system and helps to maintain healthy bones, muscles and teeth.

DIRECTIONS

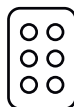
1 tablet daily, during meal, swallowed with liquid.

ACTIVE INGREDIENT

Vitamin D

Food supplements

60 tablets



①



VITAMIN D FORTE CHEWABLES FOR KIDS WITH VITAMIN C

DESCRIPTION

Vitamin D contributes to the normal functioning of the immune system and maintaining healthy bones, muscular function, and teeth. Vitamin C contributes to the normal functioning of the immune and nervous system, normal collagen formation.

DIRECTIONS

1 chewable daily.

ACTIVE INGREDIENTS

Vitamin D3, Vitamin C

FLAVOUR

Natural Orange flavour

VARIATION

This product is also available in strawberry flavour.

Food supplements

60 chewables



①



CAPSULES



ACTIVATED CHARCOAL CAPSULES WITH SWEET FENNEL

DESCRIPTION

Sweet fennel helps reduce symptoms of distension.

DIRECTIONS

Maximum 5 capsules daily, swallowed with liquid.

ACTIVE INGREDIENTS

Activated Charcoal, Sweet Fennel

Food supplements
30 capsules



COLLAGEN GLUCOSAMINE COMPLEX CAPSULES

DESCRIPTION

Vitamin C contributes to the generation of collagen and thus to the maintenance of healthy bones. Vitamin D helps maintain healthy bones and proper functioning of the muscles.

DIRECTIONS

1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENTS

Glucosamine sulphate, Chondroitin sulphate, Collagen, Vitamin C, Vitamin D preparation

Food supplements
30 capsules



CRANBERRY COMPLEX CAPSULES

DESCRIPTION

Vitamin C contributes to the normal functioning of the nervous and immune system and also helps the normal energy metabolism.

DIRECTIONS

1 capsule daily with plenty of water.

ACTIVE INGREDIENTS

Cranberry extract, Vitamin C, Birch extract

Food supplements
30 capsules



CAPSULES

'inner beauty'



ELECTROLYTE CAPSULES

DESCRIPTION

Magnesium contributes for electrolyte balance, to the reduction of tiredness and fatigue, takes part in normal energy-producing metabolism. Potassium and magnesium contribute for normal functioning of muscles and nervous system.

DIRECTIONS

During physical activity with high water and electrolyte loss, 1 capsule swallowed with a large amount of liquid (500 ml) and 1 capsule afterwards.

ACTIVE INGREDIENTS

Potassium chloride, Magnesium, Sodium chloride

Food supplements
40 capsules



GARLIC OIL CAPSULES

DESCRIPTION

Garlic has a beneficial effect on cholesterol level and contributes to the proper functioning of the immune system and cardiovascular system.

DIRECTIONS

2x1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENT

Garlic oil extract

Food supplements
90 soft gelatine capsules



HORSE CHESTNUT ACTIVE CAPSULES

DESCRIPTION

Horse chestnut extract is rich in escin which helps maintain the health of veins and capillaries and thus contributes to the maintenance of normal venous circulation. It helps to reduce "heavy leg" feeling.

DIRECTIONS

1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENT

Horse Chestnut extract

Food supplements
30 capsules





MULTIVITAMIN SENIOR CAPSULES

DESCRIPTION

Multivitamin preparation with fish oil, Ginkgo biloba and garlic extract for Seniors.

DIRECTIONS

1 capsule per day, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Folic acid, Niacin, Zinc, Fish oil (contains EPA and DHA), Ginkgo biloba leaf extract (contains Ginkgolavonoids and Terpene lactones), Garlic extract

Food supplements

60 soft gelatine capsules



OLIVES + VITAMIN D CAPSULES

DESCRIPTION

Vitamin D contributes to the normal functioning of the immune system, maintenance of normal bones and normal blood calcium levels. Olive leaves help maintain normal blood pressure and healthy blood sugar levels.

DIRECTIONS

1 capsule per day, swallowed with liquid.

ACTIVE INGREDIENTS

Olive leaf extract, Vitamin D

Food supplements

60 capsules



OMEGA-3 FISH OIL CAPSULES

DESCRIPTION

Fish oil is particularly rich in Omega 3 fatty acids. EPA and DHA contribute to the normal cardiac function. Vitamin D is important for the structure of healthy bones and teeth. Vitamin A is needed for normal vision.

DIRECTIONS

2x1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENTS

EPA and DHA from Cod liver oil, Vitamin A preparation, Vitamin D preparation

Food supplements

60 soft gelatine capsules



EFFERVESCENT TABLETS

EFFERVESCENT TABLETS

'fizz vitality for you'



CALCIUM + VITAMIN D & K EFFERVESCENT TABLETS

DESCRIPTION

Calcium is needed for the maintenance of normal bones and teeth. Vitamin D contributes to normal absorption and utilization of calcium and phosphorus. Vitamin D contributes to the maintenance of normal bones and teeth and the normal function of the immune system. Vitamin K contributes to the maintenance of normal bones.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml).

ACTIVE INGREDIENTS

Calcium, Vitamin K, Vitamin D

FLAVOUR

Orange

Food supplements

20 tablets

80g (4g/tablet)



CALCIUM + VITAMIN D & K2 EFFERVESCENT TABLETS

DESCRIPTION

Calcium is especially important for teeth and bones. Vitamin D contributes to normal blood calcium levels and to the maintenance of normal bones and teeth. Vitamin K2 contributes to vascular health.

DIRECTIONS

Dissolve 3x1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Calcium, Vitamin K2, Vitamin D3

FLAVOUR

Orange

Food supplements

18 tablets

91.8g (5.1g/tablet)



GARCINIA CAMBOGIA EFFERVESCENT TABLETS

DESCRIPTION

Garcinia Cambogia helps in weight control, contributes to reduce fat storage and reduces sense of appetite. L-carnitine contributes to energy metabolism, makes energy metabolism more effective. Chromium promotes carbohydrates catabolism, helping in body weight maintaining.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

L-carnitine, Garcinia cambogia extract, Chromium

FLAVOUR

Pineapple

Food supplements

20 tablets

80g (4g/tablet)



EFFERVESCENT TABLETS

'fizz vitality for you'



IRON + VITAMIN C EFFERVESCENT TABLETS

DESCRIPTION

Vitamin B6, Vitamin B12 and Vitamin C contribute to normal energy-yielding metabolism. Vitamin B12, Vitamin C, folic acid and iron contribute to the normal function of the immune system. Iron contributes to normal oxygen transport in the body and to normal formation of red blood cells and haemoglobin.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Vitamin C, Iron, Vitamin B6, Folic acid, Vitamin B12

FLAVOUR

Blood orange

Food supplements

20 tablets
80g (4g/tablet)



MAGNESIUM + VITAMIN C & B6 EFFERVESCENT TABLETS

DESCRIPTION

Magnesium contributes to the reduction of tiredness and fatigue, normal muscle function and normal red blood cell formation. Magnesium and Vitamin B6 contribute to normal functioning of the nervous system. Vitamin C contributes to maintain the normal functioning of the immun system during and after intense physical exercise.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Magnesium, Vitamin C, Vitamin B6

FLAVOUR

Orange

Food supplements

18 tablets
86,4g (4,8g/tablet)



MULTIVITAMIN FOR YOU EFFERVESCENT TABLETS

DESCRIPTION

Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, pantothenic acid, nicotinamide and biotin contribute to normal energy-yielding metabolism. Vitamin B12, Vitamin C and folic acid contribute to the normal function of the immune system. Vitamin B2, Vitamin C and Vitamin E contribute to the protection of cells from oxidative stress.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin, Vitamin B12

FLAVOUR

Orange-mandarin

Food supplements

20 tablets
80 g (4g/tablet)



EFFERVESCENT TABLETS

'fizz vitality for you'



MULTIVITAMIN FOR KIDS EFFERVESCENT TABLETS

DESCRIPTION

Calcium is needed for the maintenance of normal bones and teeth. Vitamin B1, Vitamin B2, Vitamin B6, Vitamin C, pantothenic acid, nicotinamide and biotin contribute to normal energy-yielding metabolism. Vitamin C and folic acid contribute to the normal function of the immune system. Vitamin B1, B2, B6, nicotinamide and biotin contribute to normal functioning of the nervous system.

DIRECTIONS

For kids (over the age 3) dissolve 1 tablet, for adults dissolve 2 tablets in a glass of water (200ml) a day.

ACTIVE INGREDIENTS

Calcium, Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin

FLAVOUR

Raspberry

Food supplements

20 tablets

80g (4g/tablet)



VITAMIN C 1000MG EFFERVESCENT TABLETS

DESCRIPTION

Vitamin C contributes to normal energy-yielding metabolism, the normal function of the immune system and to the protection of cells from oxidative stress.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENT

Vitamin C

FLAVOUR

Blueberry - raspberry

Food supplements

20 tablets

80g (4g/tablet)



'Bioavailable - Easily absorbed into the blood stream'

'Allow a large dose of ingredients to be taken in a single serving'

'Advantages in case of swallowing problems'

'The solution of the effervescent tablet contains a balanced ratio of acids and carbonates'

'Improved taste'

'More gentle action on stomach'

POWDER SHOTS



**CALCIUM + VITAMIN D & K
POWDER SHOT**

DESCRIPTION

Calcium is needed for the maintenance of normal bones and teeth. Vitamin D contributes to normal absorption and utilization of calcium and phosphorus. Vitamin D contributes to the maintenance of normal bones and teeth and the normal function of the immune system. Vitamin K contributes to the maintenance of normal bones.

DIRECTIONS

Take 2x1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

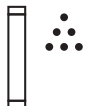
Calcium, Vitamin K, Vitamin D

FLAVOUR

Orange - mango - pineapple

Food supplements

10 sticks
30g (3g/stick)



**ENERGY BOOSTER
POWDER SHOT**

DESCRIPTION

Vitamin B2, Vitamin B6, Vitamin C, pantothenic acid and nicotinamide contribute to normal energy-yielding metabolism. Vitamin C contributes to the normal function of the immune system. Vitamin B2, Vitamin C contribute to the protection of cells from oxidative stress. Vitamin B2, Vitamin B6 and niacin contributes to normal functioning of the nervous system. Caffeine contributes to mental performance, enhances alertness and concentration.

DIRECTIONS

Take 3x1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

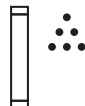
Vitamin C, Niacin, Pantothenic acid, Vitamin B6, Vitamin B2, Taurine, Caffeine

FLAVOUR

Tutti - frutti

Food supplements

10 sticks
30g (3g/stick)



**MAGNESIUM + VITAMIN B6
POWDER SHOT**

DESCRIPTION

Magnesium contributes to the reduction of tiredness and fatigue, normal muscle function and normal red blood cell formation. Magnesium and Vitamin B6 contribute to normal functioning of the nervous system.

DIRECTIONS

Take 1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

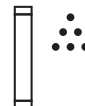
Magnesium, Vitamin B6

FLAVOUR

Blue grape

Food supplements

10 sticks
30g (3g/stick)



POWDER SHOTS

'for life'



MULTIVITAMIN POWDER SHOT

DESCRIPTION

Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, pantothenic acid, nicotinamide and biotin contribute to normal energy-yielding metabolism. Vitamin B6 & B12, Vitamin C and folic acid contribute to the normal function of the immune system. Vitamin B2, Vitamin C and Vitamin E contribute to the protection of cells from oxidative stress. Vitamin B1, Vitamin B2, Vitamin B6, Vitamin C, niacin and biotin contribute to normal functioning of the nervous system.

DIRECTIONS

Take 1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

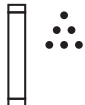
Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin, Vitamin B12

FLAVOUR

Blood orange

Food supplements

10 sticks
30g (3g/stick)



VITAMIN C 500MG POWDER SHOT

DESCRIPTION

Vitamin C contributes to normal energy-yielding metabolism, the normal function of the immune system and to the protection of cells from oxidative stress.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENT

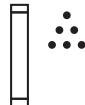
Vitamin C

FLAVOUR

Orange

Food supplements

10 sticks
30g (3g/stick)



'Pour directly on your tongue'

'Direct without water'

'Improved taste'

LIQUID SHOTS



BEAUTY LIQUID SHOT

DESCRIPTION

Vitamin C and B3 help to maintain healthy bone, teeth, cartilage, gums, nails and skin. Vitamin B3 is necessary to maintain energy and general vitality. Zinc is needed for healthy skin. Collagen has beneficial effect in the maintenance of skin firmness and elasticity.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

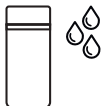
Collagen peptides, Vitamin C, Vitamin B3, Zinc

FLAVOUR

Raspberry

Food supplements

60 ml



ENERGY+ LIQUID SHOT

DESCRIPTION

Caffeine contributes to mental performance, enhances alertness and concentration. Guarana can improve alertness and reduces mental fatigue. Beta-alanine helps delay onset of fatigue. Vitamin B3 helps to maintain energy and general vitality.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

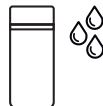
Guarana extract, beta-Alanine, Caffeine, Vitamin B3

FLAVOUR

Multifruity

Food supplements

60 ml



CARNITINE LIQUID SHOT

DESCRIPTION

L-carnitine contributes to energy metabolism, makes energy metabolism more effective. Choline is needed for lipids metabolism.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

L-carnitine, Choline

FLAVOUR

Lemon

Food supplements

60 ml



LIQUID SHOTS

'live more'



JOINT+ LIQUID SHOT

DESCRIPTION

Calcium is needed to maintain strong and healthy bones. Vitamin C helps to maintain healthy bone, teeth, cartilage, gums and skin.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

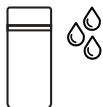
Glucosamine sulfate, Chondroitine sulfate, Calcium, Vitamin C

FLAVOUR

Orange

Food supplements

60 ml



MAGNE+ LIQUID SHOT

DESCRIPTION

Magnesium contributes to the reduction of tiredness and fatigue, normal muscle function and normal red blood cell formation. Magnesium and Vitamin B6 contribute to normal functioning of the nervous system.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

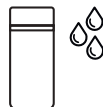
Magnesium, Vitamin B6

FLAVOUR

Lemon

Food supplements

60 ml



SLEEP LIQUID SHOT

DESCRIPTION

Magnesium contributes to normal muscle function. Magnesium and Vitamin B6 helps to normal functioning of the nervous system, maintain hormonal health. Melatonin helps to reduce jet lag effects and promotes normal sleep.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

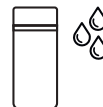
Magnesium, Vitamin B6, Melatonin

FLAVOUR

Natural Lavender

Food supplements

60 ml





**SLIM+
LIQUID SHOT**

DESCRIPTION

Garcinia Cambogia helps in weight control, contributes to reduce fat storage and reduces sense of appetite. L-carnitine contributes to energy metabolism, makes energy metabolism more effective. Choline improves body metabolism.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

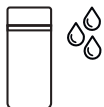
L-carnitine, Garcinia cambogia extract, Choline, Green tea extract

FLAVOUR

Blood orange

Food supplements

60 ml



**TROMBOFLY
LIQUID SHOT**

DESCRIPTION

With the beneficial effects of the active ingredients of tomato.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

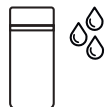
Tomato concentrate

FLAVOUR

Blood orange

Food supplements

60 ml



TRAVEL SHOTS

DESCRIPTION

Helps to keep well balanced during short and long distance flights as well.

DIRECTIONS

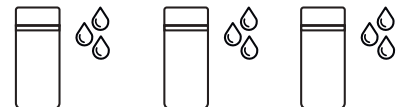
Take 3x1 shot (bottle) a day.

PRODUCTS IN THE BOX

Energy+ Liquid Shot
Trombofly Liquid Shot
Sleep Liquid Shot

Food supplements

3x60 ml



A photograph of a forest with tall, thin evergreen trees. The trees have dark green needles and light-colored, textured bark. The background is slightly blurred, showing more trees and foliage. A white rectangular box with a thin black border is centered horizontally and contains the text "ESSENTIAL OILS" in a bold, dark green, sans-serif font.

ESSENTIAL OILS

ESSENTIAL OILS

'harmony of body & soul'



ANCIENT GARDEN ESSENTIAL OIL BLEND

*Herbal tone
Clean, fresh and lively scent*

DESCRIPTION

Fragrance composition evokes mood of renewal with clean, fresh and lively scent. For vaporizers, aromatic bath and sauna.

ACTIVE INGREDIENTS

Thyme essential oil, Melissa essential oil

VARIATION

Lemongrass Essential Oil is also available.

Essential oils
10 ml



ANTISTRESS ESSENTIAL OIL BLEND

*Balsamic tone
Clean, fresh, sweet-balsamic scent*

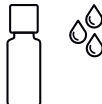
DESCRIPTION

For vaporizers, sauna, relaxing aromatic bath and massage.

ACTIVE INGREDIENTS

Cedarwood essential oil, Lavender essential oil

Essential oils
10 ml



CALMNESS ESSENTIAL OIL BLEND

*Herbal tone
Clean, fresh, sweet-balsamic scent*

DESCRIPTION

For vaporizers, sauna, relaxing aromatic bath and massage.

ACTIVE INGREDIENTS

Lavandula Angustifolia Oil, Salvia Sclarea Oil and Juniperus Virginiana Steam Oil

Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



CEDARWOOD ESSENTIAL OIL

Balsamic tone
Warm, woody, sweet-balsamic scent

DESCRIPTION

Warm, woody, sweet-balsamic scent. For vaporizers, soothing aromatic bath and massage, scalp care, hair mask to diminish hair loss and oily hair.

ACTIVE INGREDIENT

100% pure Juniperus Virginiana Wood Oil (Cedarwood essential oil)



CHERRY BLOSSOM ESSENTIAL OIL

Floral tone
Light, fresh floral scent

DESCRIPTION

For vaporizers, aromatic bath and massage.

ACTIVE INGREDIENT

100% pure Cherry blossom essential oil



CINNAMON ESSENTIAL OIL

Spicy tone
Strong, spicy scent

DESCRIPTION

For vaporizers and foot bath.

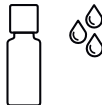
ACTIVE INGREDIENT

100% pure Cinnamon essential oil

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



CLOVE ESSENTIAL OIL

*Spicy tone
Sweet spicy scent*

DESCRIPTION

Sweet, spicy tone stimulates the body and mind. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENT

100% pure Clove essential oil



CONCENTRATION ESSENTIAL OIL BLEND

*Citric tone
Fresh scent*

DESCRIPTION

Fresh scent stimulate the brain functions. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENTS

Lemon essential oil, Peppermint essential oil, Eucalyptus essential oil



EUCALYPTUS ESSENTIAL OIL

*Balsamic tone
Fresh, strong, camphorous scent*

DESCRIPTION

For vaporizers, mouthwash, refreshing aromatic bath and massage.

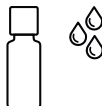
ACTIVE INGREDIENT

100% pure Eucalyptus Globulus Leaf Oil (Eucalyptus essential oil)

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



FRESH AIR ESSENTIAL OIL BLEND

*Herbal tone
Fresh, herbal scent*

DESCRIPTION

For vaporizers refreshing and cleansing the air.

ACTIVE INGREDIENTS

Tea tree essential oil, Thyme essential oil, Melissa essential oil



GERANIUM ESSENTIAL OIL

*Floral tone
Intense floral, rosy character, sweet scent*

DESCRIPTION

For vaporizers, aromatic bath and massage.

ACTIVE INGREDIENT

100% pure Geranium essential oil



LAVENDER ESSENTIAL OIL

*Floral tone
Clean, fresh, floral-herbaceous scent*

DESCRIPTION

For vaporizers, relaxing aromatic bath and massage, foot bath, sauna, acne and relief of itching caused by insect bites.

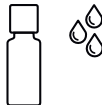
ACTIVE INGREDIENT

100% pure Lavandula Angustifolia Oil (Lavender essential oil)

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



LEMON ESSENTIAL OIL

*Citric tone
Fresh, sharp, citrus scent*

DESCRIPTION

For vaporizers, refreshing aromatic bath and massage, sauna, oily hair care, face tonic and facial sauna to cleanse oily, acne-prone skin.

ACTIVE INGREDIENT

100% pure Citrus Limon Peel Oil (Lemon peel essential oil)

Essential oils
10 ml



MEDITERRANEAN ESSENTIAL OIL BLEND

*Citric tone
Sunny, sweet citrus scent*

DESCRIPTION

Sunny, sweet citrus scent evokes the mood of a sunny southern-style garden, relieving the anxiety of everyday life. For vaporizers, sauna, aromatic bath.

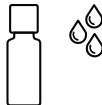
ACTIVE INGREDIENTS

Sweet orange essential oil, Bergamot essential oil

VARIATION

Sweet Orange Essential Oil is also available.

Essential oils
10 ml



PASSION ESSENTIAL OIL BLEND

*Floral tone
Fresh, floral scent*

DESCRIPTION

Fresh, floral scent relieves the anxiety, revives the emotion and attention. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENTS

Cherry blossom essential oil, Sweet orange essential oil, Lavender essential oil

Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



PEPPERMINT ESSENTIAL OIL

*Herbal tone
Strong, fresh, cool, herbaceous scent*

DESCRIPTION

For vaporizers, refreshing aromatic bath, skin care, massage or mouthwash.

ACTIVE INGREDIENT

100% pure Mentha Piperita Oil (Peppermint essential oil)



SAUNA ESSENTIAL OIL BLEND

*Herbal, balsamic tone
Fresh scent*

DESCRIPTION

Herbal, balsamic tone clears the nasal passages, reduces the symptoms of respiratory colds. For vaporizers and sauna.

ACTIVE INGREDIENTS

Eucalyptus essential oil, Peppermint essential oil, Pine tree essential oil



SILENT NIGHT ESSENTIAL OIL BLEND

*Sweet, spicy tone
Relaxing scent*

DESCRIPTION

For vaporizers, sauna, aromatic bath.

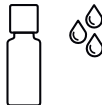
ACTIVE INGREDIENTS

Sweet orange essential oil, Cinnamon essential oil

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



SPRING SPIRIT ESSENTIAL OIL BLEND

*Citric, floral tone
Fresh, floral scent*

DESCRIPTION

Citric, herbal tone relieves nervousness, helps to relax and evokes the mood of spring. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENTS

Cherry blossom essential oil, Lemon essential oil, Bergamot essential oil



TEA TREE ESSENTIAL OIL

*Herbal tone
Woody, spicy, camphorous scent*

DESCRIPTION

For vaporizers, aromatic bath, rubbing, massage, facial sauna to cleanse oily, acne-prone skin, face tonic, foot bath, reducing dandruff or relief of itching caused by insect bites.

ACTIVE INGREDIENT

100% pure Melaleuca Alternifolia Leaf Oil (Tea tree essential oil)



WELLNESS ESSENTIAL OIL BLEND

*Citric, floral tone
Extraordinary fragrance with fresh scent*

DESCRIPTION

For vaporizers, relaxing aromatic bath and massage, sauna or facial sauna to cleanse oily, acne-prone skin.

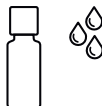
ACTIVE INGREDIENTS

Lavandula Angustifolia Oil (Lavender essential oil), Citrus Limon Peel Oil (Lemon peel essential oil)

Essential oils
10 ml



Essential oils
5 ml



Essential oils
10 ml



A vibrant collage of sliced fruits including kiwi, strawberries, lemons, and oranges. The kiwi slices show their characteristic green flesh and black seeds. The strawberries are bright red and sliced. The lemons and oranges are sliced into thin rounds, showing their juicy segments and white pith. The background is a mix of these colors, creating a fresh and healthy aesthetic.

FRUIT INFUSIONS

FRUIT INFUSIONS

'refreshing fruity flavours'



BLACKCURRANT FRUIT TEA

'Fresh and pure'

DIRECTIONS

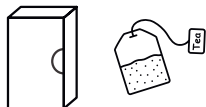
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Blackcurrant fibres, Natural flavouring (Blackcurrant flavouring, concentrated Blackcurrant juice), Blackcurrant leaves

The tea contains Liquorice root.

Food
20 teabags



BLUEBERRY MUFFIN FRUIT TEA

'Pleasant harmony of flavours'

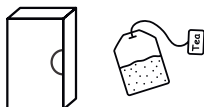
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Apple pomace, Sour apple, Vanilla flavouring, Blueberry flavouring, Blueberry, natural Blueberry muffin aroma

Food
20 teabags



CRANBERRY & BLUEBERRY LEAF & YARROW FRUIT TEA

'Refreshing pleasant taste'

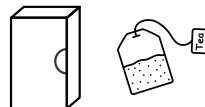
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free tea blend can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

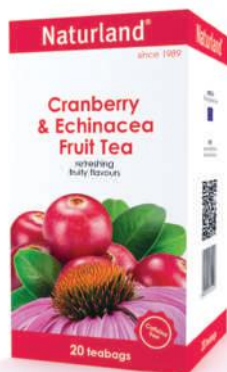
Yarrow, Blueberry leaf, Echinacea (Echinacea purpurea) root, Natural flavouring (Cranberry flavouring, concentrated Cranberry juice), Echinacea (Echinacea purpurea) stem, Cranberry granules (Cranberry, sugar, water, rice-powder, vegetable oil)

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



CRANBERRY & ECHINACEA FRUIT TEA

'By the power of nature'

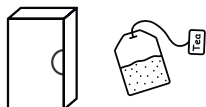
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Echinacea (*Echinacea purpurea*) root, Natural flavouring (Cranberry flavouring, concentrated Cranberry juice), Echinacea (*Echinacea purpurea*) herb, Cranberry granules (Cranberry, sugar, water, rice-powder, vegetable oil)

Food
20 teabags



CRANBERRY & GINGER & ORANGE PEEL FRUIT TEA

'Refreshing combination'

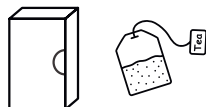
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Ginger rhizomes, Flavouring (Cranberry flavouring, concentrated Cranberry juice), Orange peel, Flavouring (Orange flavouring, concentrated Orange juice), Cranberry granules (Cranberry, maltodextrin)

Food
20 teabags



FOREST FRUITS FRUIT TEA

'The treasures of nature'

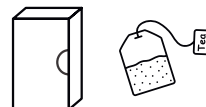
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Blackberry leaf, Blackberry flavouring, Flavouring (Blackcurrant flavouring, concentrated Blackcurrant juice), Blackcurrant fibres, Flavouring (Blueberry flavouring, concentrated Blueberry juice), Blackberry fibres, Blueberry fibres, Strawberry flavouring

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



FRUIT TEA SELECTION

'Simple goodness'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

With the selection of Cranberry & Echinacea Fruit Tea, Pear & Lemongrass Fruit Tea, Blackcurrant Fruit Tea and Wild Cherry & Sour Cherry Fruit Tea.

Food
20 teabags



PEAR & LEMONGRASS FRUIT TEA

'Think green and relax'

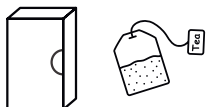
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Lemongrass, Pear flavouring, Pear pomace

Food
20 teabags



PLUM & APPLE & CINNAMON FRUIT TEA

'Special winter fruit tea'

DIRECTIONS

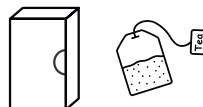
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Hibiscus flower, Cassia cinnamon, Apple, Licorice root, Plum flavouring, Apple flavouring, Cream flavouring, Plum (Plum, rice flour)

The tea contains Licorice root.

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



POMEGRANATE & ROSEHIP FRUIT TEA

'For your immune system'

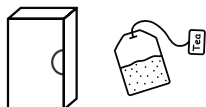
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Rosehip, Pomegranate flavouring, Natural flavouring (with concentrated Pomegranate juice), Pomegranate granules (Maltodextrin, concentrated Pomegranate juice)

Food
20 teabags



PUNCH & POMEGRANATE FRUIT TEA

'Pleasant harmony of flavours'

DIRECTIONS

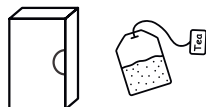
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Hibiscus flower, Apple pomace, Orange peel, Licorice root, Blackberry leaf, Natural Pomegranate flavouring

The tea contains Licorice root.

Food
20 teabags



RASPBERRY PIE FRUIT MAGIC TEA

'Sweet temptation of flavours'

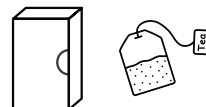
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Sour apple, Rosehip, Cinnamon, Raspberry flavouring, Cake flavouring, Raspberry

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



SEA BUCKTHORN & HONEY & ORANGE FRUIT TEA

'Take a break and enjoy'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Sea Buckthorn flavouring, Sea Buckthorn pomace, Flavouring (Orange flavouring, concentrated Orange juice), Flavouring (Honey flavouring, Honey), Orange peel



STRAWBERRY CHEESECAKE FRUIT MAGIC TEA

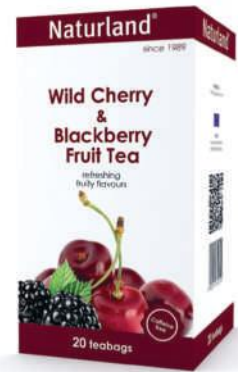
'Delicious combination of flavours'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Sour apple, Rosehip, Cinnamon, Strawberry flavouring, Strawberry cheesecake flavouring, Strawberry



WILD CHERRY & BLACKBERRY FRUIT TEA

'Vitalize the body and spirit'

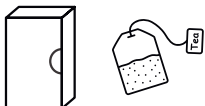
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

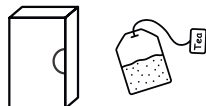
ACTIVE INGREDIENTS

Blackberry leaf, Blackberry flavouring, Wild Cherry flavouring, Blackberry pomace, Cherry pomace

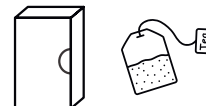
Food
20 teabags



Food
20 teabags



Food
20 teabags





HERBAL INFUSIONS

HERBAL INFUSIONS

'support & balance'



ANTISPASMODIC & ANTI-BLOATING TEA BLEND

DESCRIPTION

Relieves stomach spasms, decreases intestinal gas and improves digestion. Caffeine free.

DIRECTIONS

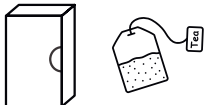
Place 1 filter of the tea blend into a cup (250 ml) of boiling water and infuse it covered for 15-20 minutes. Drink warm without flavouring. For adults and children above the age of 12 max. 6 cups daily. For children from the age of 4 to 12 max. 3 cups daily.

ACTIVE INGREDIENTS

Aniseed, Peppermint leaf, Matricaria flower, Caraway fruit

Paramedicines

25 teabags



BABY'S BELLY TEA BLEND

DESCRIPTION

Caffeine free tea blend for babies from newborn age.

DIRECTIONS

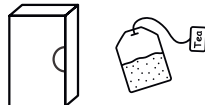
Place 1 teabag in a cup (200-250 ml) of boiling water and infuse it covered for 3-5 minutes. Flavour as desired. Recommended dosage is 1 cup per day from 0 to 6 months of age, 2-3 cups per day from 6 months to 3 years of age.

ACTIVE INGREDIENTS

Matricaria flower, Fennel (bitter)

Food

20 teabags



CELLULITE TEA BLEND

DESCRIPTION

Helps maintain adequate hydration of your body. It can also effectively help improve the appearance of cellulite. Caffeine free.

DIRECTIONS

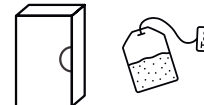
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 3-5 minutes. Flavour as desired. It is recommended to drink 3 cups daily, 1 cup after each meal.

ACTIVE INGREDIENTS

Nettle leaf, Matricaria flower, Lime flower, Thyme, Peppermint leaf

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



CHOLESTEROL TEA BLEND

DESCRIPTION

Green tea leaf contributes to maintaining normal cholesterol level, common chicory root, couch grass rhizome and the artichoke leaf support the detoxification systems, peppermint leaf contributes to healthy digestion.

DIRECTIONS

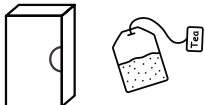
Place 1 teabag in a cup (250 ml) of boiled water and then infuse it for 10 minutes. The infusion is tart, flavour as desired; drink one cup 2-3 times a day, after meals.

ACTIVE INGREDIENTS

Common chichory root, Couch Grass rhizome, Artichoke leaf, Green tea leaf, Peppermint leaf

Food

20 teabags



COLD RELIEF TEA BLEND

DESCRIPTION

For prevention and treatment of cold-related illnesses. Helps improve the overall condition of the body. Caffeine free.

DIRECTIONS

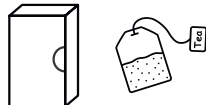
Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for about 5-10 minutes. Flavour as desired, depending on your bodyweight drink 2-3 cups daily between meals.

ACTIVE INGREDIENTS

Blackcurrant fruit, Lime flower, Elder flower, Blackcurrant leaf, Nettle leaf

Paramedicines

20 teabags



DEEP BREATH TEA BLEND

DESCRIPTION

The mallow leaf and the horehound flowering stem decreases the irritation of the throat and pharynx, the liquorice root, the thyme leaf and flower help to keep the respiratory tracts clean, matricaria flower helps to ease cough and sore throat.

DIRECTIONS

Place 1 teabag in a cup (250 ml) of boiled water and infuse it for 10 minutes. The infusion is tart, flavour as desired; drink one cup 2-3 times a day, between meals.

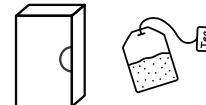
ACTIVE INGREDIENTS

Mallow leaf, Liquorice root, Hoarhound flowering stem, Matricaria flower, Thyme leaf and flower

The tea contains Liquorice root.

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



DIABETICS TEA BLEND

DESCRIPTION

Dandelion herb with root maintain detoxification of the body by increasing urine excretion and promotes normal blood glucose levels. Blueberry leaves and cassia cinnamon bark contribute to normal glucose metabolism.

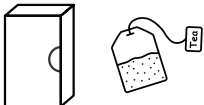
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 3-5 minutes. It is recommended to drink 3 cups daily, 1 cup after each meal. Flavour as desired.

ACTIVE INGREDIENTS

Bean pod, Dandelion herb with root, Corn silk, Blueberry leaves, Couch grass rhizome, Cassia Cinnamon bark

Food
20 teabags



DETOX PLUS TEA BLEND

DESCRIPTION

Two or three times a year your body needs cleansing and detoxifying, when you can fasten the elimination of trapped wastes from your body. Caffeine free.

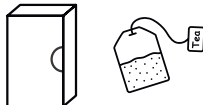
DIRECTIONS

Place 1-2 teabags in a cup (250 ml) of boiling water and infuse it covered for 20 minutes. Depending on your body weight, you should drink 2-4 times a day, preferably without any flavourings.

ACTIVE INGREDIENTS

Goldenrod, Elder flower, Nettle leaf, Dandelion herb with root, Hibiscus, Peppermint leaf, Couch Grass rhizome

Food
20 teabags



FITNESS TEA BLEND

DESCRIPTION

Beneficial for the whole body in weight loss diets and an ideal supplement in cleansing regimens. Caffeine free.

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 3-5 minutes. It is recommended to drink 3 cups daily, 1 cup after each meal. Flavour as desired.

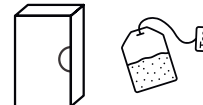
ACTIVE INGREDIENTS

Nettle leaf, Elder flower, Matricaria flower, Caraway fruit, Fennel (bitter), Cassia Cinnamon bark

VARIATION

Ideal Weight Tea Blend is also available.

Food
20 teabags



HERBAL INFUSIONS

'support & balance'



GREEN TEA WITH ECHINACEA

DESCRIPTION

Special tea blend is harmonious combination of the traditional eastern flavours and western herbal folk medicine. The flavour of echinacea softens the characteristic taste of green tea.

DIRECTIONS

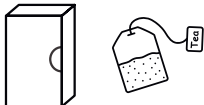
Place 1 teabag in a cup (250 ml) of boiled water after cooling down to approx. 80°C, then infuse it covered for 3-5 minutes. Flavour as desired.

ACTIVE INGREDIENTS

Pure Green tea leaf, Echinacea (Echinacea purpurea) herb

Food

20 teabags



GREEN TEA WITH LAVENDER FLOWER

DESCRIPTION

Harmonious combination of the traditional eastern flavours and lavender flower.

DIRECTIONS

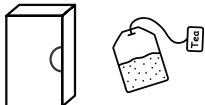
Place 1 teabag in a cup (250 ml) of boiled water after cooling down to approx. 80°C, then infuse it covered for 3-5 minutes. Flavour as desired.

ACTIVE INGREDIENTS

Pure Green tea leaf, Lavender flower

Food

20 teabags



GREEN TEA WITH LEMON

DESCRIPTION

Its characteristic aroma and bitter-sweet taste is refreshed by the aroma of green lemon.

DIRECTIONS

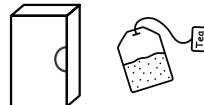
Place 1 teabag in a cup (250 ml) of boiled water after cooling down to approx. 80°C, then infuse it covered for 3-5 minutes. Consume without further flavouring, or flavour as desired.

ACTIVE INGREDIENTS

Pure Green tea leaf, Natural flavouring (Lime flavouring)

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



INNO RHEUMA TEA BLEND

DESCRIPTION

Relieves symptoms of chronic rheumatic disorders, muscle cramps, muscle pain and symptoms of gout and joint inflammation. Caffeine free.

DIRECTIONS

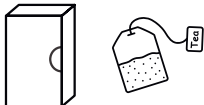
Place 2 teabags in a cup (250 ml) of boiling water, boil for 2-3 minutes and infuse it covered for 5-10 minutes. Drink 1 cup of tea in the morning and 1 in the early evening, preferably without any flavourings.

ACTIVE INGREDIENTS

Rosemary leaf, Nettle leaf, Equisetum stem, Dandelion root

Paramedicines

25 teabags



KIDNEY PROTECTION TEA BLEND

DESCRIPTION

Efficient in kidney protection and stimulation of kidney function as well as in prevention of kidney stones. Caffeine free.

DIRECTIONS

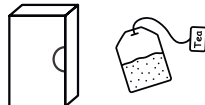
Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for 15-20 minutes. The recommended dosage for adults is 3-4 cups a day preferably without any flavourings.

ACTIVE INGREDIENTS

Goldenrod, Nettle leaf, Agrimony, Equisetum stem, Celandine

Paramedicines

25 teabags



LIVER PROTECTION TEA BLEND

DESCRIPTION

Use as a complementing medicinal therapy of liver disease caused by alcoholism, and treatment of liver, bile, stomach and intestinal disorders. Caffeine free.

DIRECTIONS

Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for 20-30 minutes. The recommended dosage for adults is 3-4 cups per day and should be consumed before or during meals preferably without any flavourings.

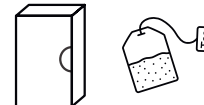
ACTIVE INGREDIENTS

Milk thistle fruit, Liquorice root, Nettle leaf, Marshmallow leaf, Agrimony, Yarrow, Fennel (bitter), Chicory root, Dandelion root

The tea contains Liquorice root.

Paramedicines

25 teabags



HERBAL INFUSIONS

'support & balance'



MOTHER'S MILK TEA BLEND

DESCRIPTION

Enhances mother's milk production and supports breastfeeding. Caffeine free.

DIRECTIONS

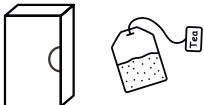
Place 1 teabag in 300-400 ml of boiling water and infuse it covered for 10-15 minutes. Drink it 3-4 times daily, preferably without any flavourings.

ACTIVE INGREDIENTS

Aniseed, Matricaria flower, Fennel (bitter), Nettle leaf, Balm herb

Paramedicines

25 teabags



PMS TEA BLEND

DESCRIPTION

Decreases premenstrual symptoms and helps relieve symptoms such as nervousness, irritability, anxiety, changes of mood, headache, distention, oedema, bloating and cramps. Caffeine free.

DIRECTIONS

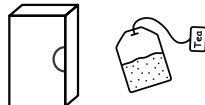
Place 1-2 teabags into a cup (250 ml) of boiling water and infuse for about 15-20 minutes covered. The recommended dosage is 3-4 cups of tea daily. Drink after meals, flavour as desired.

ACTIVE INGREDIENTS

Yarrow, Balm herb, Dandelion herb with root, St. John's Wort, Marjoram

Paramedicines

25 teabags



REFLUX TEA BLEND

DESCRIPTION

Herbs of the tea blend naturally support the health of the gastrointestinal tract.

DIRECTIONS

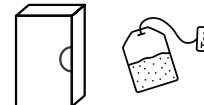
Place 1 teabag in a cup (250 ml) of boiled water and infuse it for 10 minutes. Consume preferably unflavoured, drink one cup 2-3 times a day, between meals.

ACTIVE INGREDIENTS

Black locust flower, Ribwort plantain leaf, Mallow leaf, Balm herb, Cassia Cinnamon bark

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



SEDATIVE TEA BLEND

DESCRIPTION

Recommended for reducing restlessness, nervousness, sleep disturbances, anxiety and depression. Caffeine free.

DIRECTIONS

Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for about 15-20 minutes. Drink 1-2 cups a day before going to sleep. Flavour as desired.

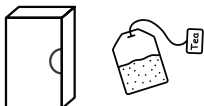
ACTIVE INGREDIENTS

Balm herb, St. John's wort, Valerian root, Lavender flower, Hop strobile

The tea contains Liquorice root.

Paramedicines

25 teabags



TEA BLEND FOR DIGESTIVE SUPPORT

DESCRIPTION

Recommended for inappetence, it contributes to proper digestion, decreases the feeling of bloating and fullness, helps to relieve other symptoms of indigestion as well. Caffeine free.

DIRECTIONS

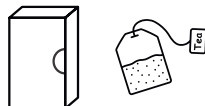
Place 1-2 teabags in a cup (250 ml) of boiling water and infuse it covered for about 20 minutes. It is recommended to drink 1 cup of tea 2-3 times daily, preferably without any flavourings.

ACTIVE INGREDIENTS

Blessed Thistle, Balm herb, Centaury herb, Yarrow, Rosemary leaf, Coriander

Paramedicines

25 teabags



WHITE MISTLETOE TEA

DESCRIPTION

Visci Herba is hypotensive, spasmolytic and cardiac stimulant. Caffeine free.

DIRECTIONS

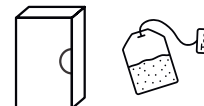
Place 1 tea bag into a cup (250 ml) of cold water and infuse it for 12 hours covered. Drink without flavouring or with honey.

ACTIVE INGREDIENT

White Mistletoe

Paramedicines

25 teabags



02
PHARMACEUTICALS
'health - reliability - quality'
MAGISTERIAL RAW MATERIALS
PHARMACEUTICAL RAW MATERIALS
REGISTERED MEDICINES

06
BABY & MOM
'special kind of care'
BABY BOTTOM CREAM
CALENDULA BABY CREAM
MOM-TO-BE CREAM

08
FOOT CARE
'the next step in nourishment'
100% NATURAL FOOT CARE CREAM FOR ATHLETES
ANTIPERSPIRANT FOOT GEL
ANTIPERSPIRANT FOOT SPRAY
CORN REMOVAL BALM
FOOT CARE ACTIVE GEL
FOOT CARE CREAM
HEEL CARE BALM
HORSE CHESTNUT CREAM FORTE
HORSE CHESTNUT CREAM FORTE PLUS

12
HAIR CARE
'shine like a star'
HERBAL SWEDISH BITTER HAIR LOTION
HERBAL SWEDISH BITTER SHAMPOO
NETTLE LEAF SHAMPOO

14
HAND CARE
'handful protection'
HAND BALM WITH CALEDNULA EXTRACT
HAND BALM WITH LAVENDER OIL
PINEAPPLE HAND SANITIZER GEL

16
ORAL & MOUTH CARE
'floral freshness'
HERBAL TOOTHPASTE WITH VITAMIN C
HERPESIL GEL
PROPOLIS TOOTHPASTE

18
RESPIRATORY RELIEF
'take a deep breath'
DEEP BREATH NASAL CREAM
CHEST CREAM FOR ADULTS
CHEST CREAM FOR CHILDREN

20
SKIN CARE
'happy skin'
100% NATURAL COCOA BUTTER CREAM
AFTER BITE CREAM
ALOE VERA GEL
CALENDULA CREAM
OINTMENT FOR BURNS & SKIN INJURIES
PROPOLIS BALM

24
SPORTS
'keep moving'
ICE GEL
ICE GEL FORTE
SPORTS CREAM

26
MUSCLE & JOINT CARE
'stronger than pain'
ARNICA ACTIVE GEL
ARNICA CREAM
COMFREY & ARNICA CREAM
COMFREY CREAM
CURCUMA GEL
DEVIL'S CLAW CREAM
HORSE BALM
INNO RHEUMA BATH OIL
INNO RHAUM CREAM
INNO RHEUMA FORTE CREAM
INNO RHEUMA MASSAGE OIL
MELLIORA CREAM
MUSCLE NIGHT CREAM
RUBBING GEL WITH MENTHOL & ESSENTIAL OILS
SWEDISH BITTER CREAM

32
SOLUTIONS
'health from herbs'
CRATEGIL SOLUTION
IVY LEAF SYRUP
ECHINACEA + VITAMIN C SOLUTION
PMS DROPS
PROPOLIS DROPS
RIBWORT PLANTAIN SYRUP
SWEDISH BITTER DROPS 1%
SWEDISH BITTER DROPS 40%
VITAMIN D3 DROPS

36
TABLETS
'daily well-being & protection'
CA+D3+K2 FORTE TRIO TABLETS
CAFFEINE TABLETS
CONCENTRATION FORTE TABLETS
GOOD NIGHT TABLETS
IRON + VITAMIN C & B12 + FOLIC ACID TABLETS
MAGNESIUM TABLETS
MULTIMAN TABLETS
MULTIMINERAL TABLETS
MULTIVITAMIN A-Z TABLETS
MULTIVITAMIN FOR KIDS CHEWABLES
MULTIVITAMIN FOR KIDS GUMMY BEARS
MULTIWOMAN TABLETS
MUSCLE & JOINT CARE COMPLEX TABLETS
ORAL DISINFECTANT TABLETS
PROPOLIS + VITAMIN C CHEWABLES
RICE BRAN & ALGAE CHEWABLES
SEA BERRY OMEGA CHEWABLES
VITAMIN C TABLETS
VITAMIN C CHEWABLES FOR KIDS
VITAMIN D FORTE TABLETS 4000IU
VITAMIN D FORTE CHEWABLES FOR KIDS

44
CAPSULES
'inner beauty'
ACTIVATED CHARCOAL CAPSULES
COLLAGEN GLUCOSAMINE CAPSULES
CRANBERRY COMPLEX CAPSULES
ELECTROLYTE CAPSULES
GARLIC OIL CAPSULES
HORSE CHESTNUT ACTIVE CAPSULES
MULTIVITAMIN SENIOR CAPSULES
OLIVES + VITAMIN D CAPSULES
OMEGA-3 FISH OIL CAPSULES

48
EFFERVESCENT TABLETS
'fizz vitality for you'
CALCIUM + VITAMIN D & K
CALCIUM + VITAMIN D & K2
GARCINIA CAMBOGIA
IRON + VITAMIN C + FOLIC ACID + VITAMIN B6 & B12
MAGNESIUM + VITAMIN C & B6
MULTIVITAMIN FOR YOU
MULTIVITAMIN FOR KIDS
VITAMIN C 1000MG

52
POWDER SHOTS
'for life'
CALCIUM + VITAMIN D & K
ENERGY BOOSTER
MAGNESIUM + VITAMIN B6
MULTIVITAMIN
VITAMIN C 500MG

■ **56**

LIQUID SHOTS

'live more'

BEAUTY+
ENERGY+
CARNITINE
JOINT+
MAGNE+
SLEEP
SLIM+
TROMBOFLY
TRAVEL SHOTS

■ **60**

ESSENTIAL OILS

'harmony of body & soul'

ANCIENT GARDEN ESSENTIAL OIL BLEND
ANTISTRESS ESSENTIAL OIL BLEND
CALMNESS ESSENTIAL OIL BLEND
CEDARWOOD ESSENTIAL OIL
CHERRY BLOSSOM ESSENTIAL OIL
CINNAMON ESSENTIAL OIL
CLOVE ESSENTIAL OIL
CONCENTRATION ESSENTIAL OIL BLEND
EUCALYPTUS ESSENTIAL OIL
FRESH AIR ESSENTIAL OIL BLEND
GERANIUM ESSENTIAL OIL
LAVENDER ESSENTIAL OIL
LEMON ESSENTIAL OIL
MEDITERRANEAN GARDEN ESSENTIAL OIL
PASSION ESSENTIAL OIL BLEND
PEPPERMINT ESSENTIAL OIL
SAUNA ESSENTIAL OIL BLEND
SILENT NIGHT ESSENTIAL OIL BLEND
SPRING SPIRIT ESSENTIAL OIL BLEND
TEA TREE ESSENTIAL OIL
WELLNESS ESSENTIAL OIL BLEND

Naturland®
PRODUCT CATALOG
CONTENTS

■ **68**

FRUIT INFUSIONS

'refreshing fruity flavours'

BLACKCURRANT FRUIT TEA
BLUEBERRY MUFFIN FRUIT MAGIC TEA
CRANBERRY & ECHINACEA FRUIT TEA
CRANBERRY & BLUEBERRY LEAF & YARROW FRUIT TEA
CRANBERRY & GINGER & ORANGE PEEL TEA FRUIT TEA
FOREST FRUIT FRUIT TEA
FRUIT TEA SELECTION
PEAR & LEMONGRASS FRUIT TEA
PLUM & APPLE & CINNAMON FRUIT TEA
POMEGRANATE & ROSEHIP FRUIT TEA
PUNCH & POMEGRANATE FRUIT TEA
RASPBERRY PIE FRUIT MAGIC TEA
SEA BUCKTHORN & HONEY & ORANGE FRUIT TEA
STRAWBERRY CHEESECAKE FRUIT MAGIC TEA
WILD CHERRY & BLACKBERRY FRUIT TEA

■ **74**

HERBAL INFUSIONS

'support & balance'

ANTISPASMODIC AND ANTI-BLOATING TEA BLEND
BABY'S BELLY TEA
CELLULITE TEA BLEND
CHOLESTEROL TEA BLEND
COLD RELIEF TEA BLEND
DEEP BREATH TEA BLEND
DETOX PLUS TEA BLEND
DIABETICS TEA BLEND
FITNESS TEA BLEND
GREEN TEA WITH ECHINACEA
GREEN TEA WITH LAVENDER FLOWER
GREEN TEA WITH LEMON
INNO RHEUMA TEA BLEND
KIDNEY PROTECTION TEA BLEND
LIVER PROTECTION TEA BLEND
MOTHER'S MILK TEA
PMS TEA BLEND
REFLUX TEA BLEND
SEDATIVE TEA BLEND
TEA BLEND FOR DIGESTIVE SUPPORT
WHITE MISTLETOE TEA

*'We set high standards for the quality of our products and services.
Customer satisfaction is the focus of our daily work.
We are looking forward to continue serving your needs.'*



www.naturland.eu



info@naturland.eu



The **Naturland**[®] wordmark and logos are registered trademarks owned by Montei Inc. and exclusively used by Naturland Ltd. and **Naturland** Europe GmbH. All rights reserved.



NATURELAND[®]

Naturstar[®]

Naturland[®]

NATURLAND[®]



Naturland accepts no liability for printing errors and missprints.
All images are for illustration only.



designed by **Naturland**